

Spectator

June 2019



**Happy
Father's Day
From**

**PARAGON
CORAL SQUARE**

**This Father's Day
Enjoy a FREE Small Popcorn**

with Hotdog Purchase for Dad at the renovated
Paragon Coral Square Theaters.
For more info see pages 6-7.

**GRADES
K-8TH**



SUMMIT ACADEMY

CHARTER SCHOOL
LEARNING TODAY, LEADING TOMORROW.

**ADMISSION OPEN FOR
2019 - 2020**

**Open House
Every Wednesday
in June at 6 PM**

WHAT WE OFFER:

- Highly Qualified Staff
- Enrichment Activities
- Engaging Field Trips
- Experienced Leadership
- Uniformed School
- Before and Afterschool Care
- Integration of Technology
- Parent Involvement
- Anti Bullying Policy
- Positive Discipline Program
- Social Skills Education

KEY POINTS FOR PARENTS:

- Safe and Secure Environment
- Advanced Programs
- Dynamic Team Work
- Family Atmosphere
- Extracurricular Activities
- No Excessive Homework
- No Projects Sent Home

A TUITION FREE PUBLIC CHARTER SCHOOL

11421 NW 56TH Drive
Coral Springs, FL 33076

CALL US NOW
954.603.3303

 @summitacademyorg
www.summitacademy.org

What is Your Home Worth?



It's easy... see our website to determine your home's current value.

BILL SOHL
AND ASSOCIATES
PARKLAND LUXURY HOME SPECIALIST

www.BillSohlSellsParkland.com (954) 655-5097

 City of Parkland Community Page

GUARANTEED

Pest Control & Fertilization

Owned & Operated by Parkland Residents Nick & Debbie Nelson

LAWN, PALM, TREE & SHRUB CARE

Fertilization & Weed Control

PERIMETER & INTERIOR PEST CONTROL

Ant & Roach, Flea & Tick, Rodent Control



Real Estate Attorney

Charles J. Esposito, Esq

(954) 332-3111

- Residential Closings
- Commercial Closings
- Family Law
- Short Sales
- Foreclosures

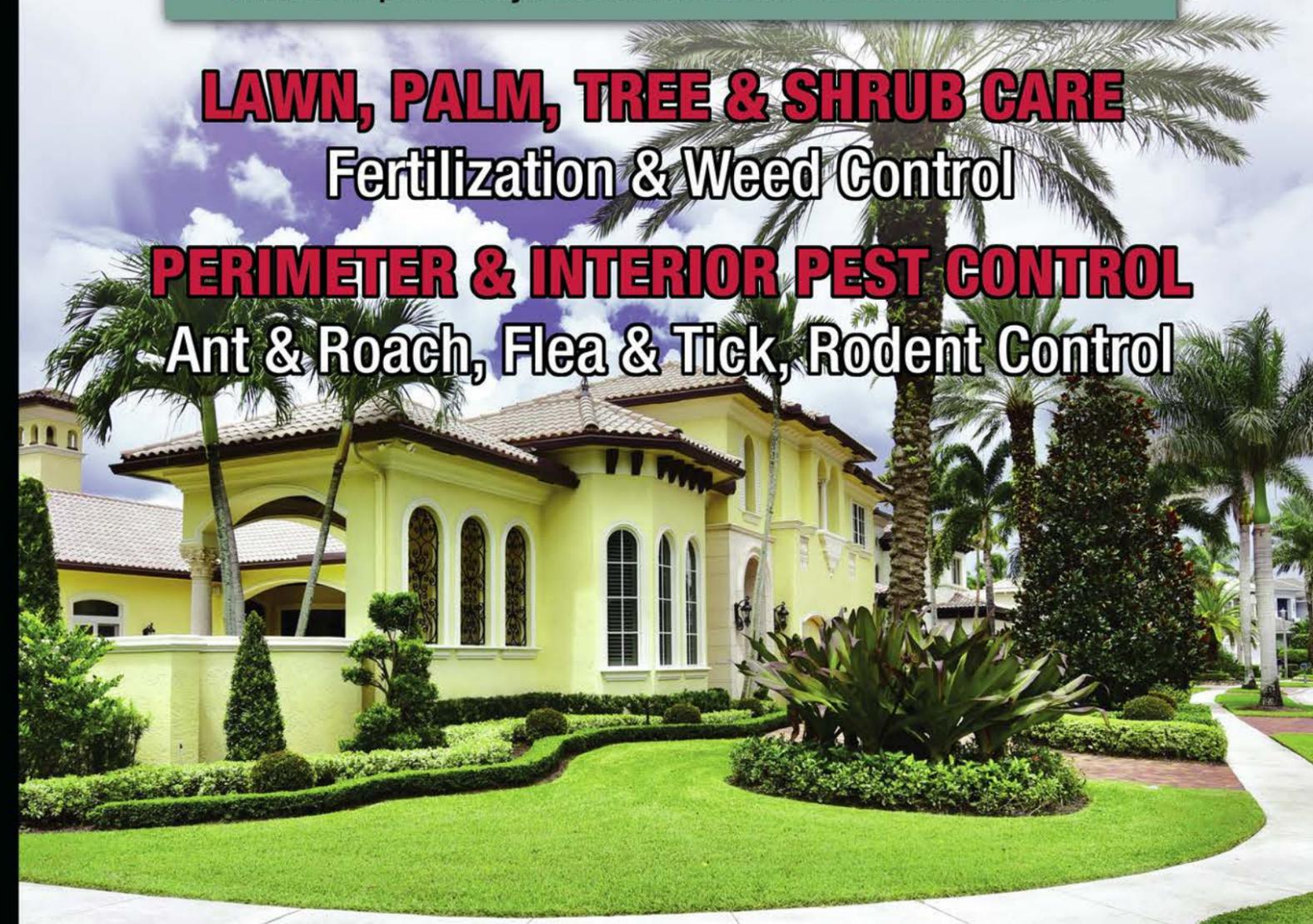
Corporate Office:

5489 Wiles Rd. Suite 304 Coconut Creek, FL 33073

Other Locations:

Delray Beach • Fort Lauderdale • Miami

JK Closing Attorneys, PLLC | www.JKClosings.com



One Year **GUARANTEE** On
All Whitefly Treatments!

Ask About Our
Mosquito Control

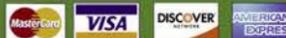
Call us Today For A **FREE** Estimate

954-884-0786

www.GuaranteedPestControl.com



Licensed & Insured





Publishers, Shellie & Scott Farrugia

Spectator™ Magazine

7660 NW 82nd Ter. • Parkland • FL • 33067

Publisher & Managing Editor

Shellie Miller - Farrugia

Creative Director
Scott Farrugia

Photography
Scott Farrugia

Web, Social Media & email Marketing

Speedy-Designs
Links Media

Distributed by

US Mail &
Baron Express
954-297-0731



Facebook.com/MySpectator
MySpectatorOnline.com

The entire contents of this magazine are copyright 2019 Spectator Publishing, Inc. Opinions expressed in The Spectator are those of the respective writers and are not necessarily those held by the publisher or staff. All advertising and copy are subject to the approval of the publisher and may be rejected for any reason. Due to last minute changes, technical issues or other problems beyond Spectator Publishing Inc.'s control, Spectator Publishing Inc. cannot be held responsible for omissions, changes in schedule, misprints or accuracy of said listings or other information. All submission and published material are the property of Spectator Publishing, Inc. The publishers reserve the right to edit all submitted copy. All advertising and features, including art work, layout and design remain the sole property of Spectator Publishing Inc. and may not be reprinted without written permission from the publisher.

On the cover: Check out the newly renovated Paragon Coral Square Theater. See the ad & article on pages 6-7.

It's All About Community!

Happy Father's Day!

So this is why we all live in South Florida, right? Hot Days, Hot Nights, Hot Dates (for dinner with the family) and Hot Fun (in the pool or at the beach). While our friends up north were jealous during the winter, we might be a tad envious about their cooler evenings and brisk mornings. June and July have me reminiscing about the months when I couldn't bear to put my toe in the pool. Now it's a hot tub of epic proportions! When you prefer standing in front of the open fridge door to a higher setting on the ceiling fan, you know it's a Florida Summer!

What's your favorite thing to do when it's never a "school night?" We'd love to hear from you, and we're always excited to take a look at your photo submissions and ideas for articles. We so appreciate you welcoming us into your home every month. It's an honor to share our community with you...

Celebrate a special dad in your life this Father's Day! Our prayer is for every family touched by the Spectator and every home in between.

God bless you and our soldiers,

Shellie & Scott

church by the glades.com

SAWGRASS CAMPUS
400 LAKEVIEW DR, CORAL SPRINGS, FL 33071
SAT 6PM
SUN 9, 9:45, 11:30AM | 1, 6:30PM
MON 7PM

SAMPLE RD CAMPUS
3301 RIVERSIDE DR, CORAL SPRINGS, FL 33065
SUN 10, 11:30AM

LAKE WORTH CAMPUS
127 SOUTH M STREET, LAKE WORTH, FL 33460
SUN 10, 11:30AM

ON TV!
M-W-F 6:30PM
@CBGLADES | @PASTORDHUGHES
954.755.7767

To My Fellow Fathers

By Sean Kavanaugh

So, I wrote an article several years ago for fathers. I stressed the importance of being an example, being aware, and teaching. I shared that if you leave any one of those three out, you miss the boat. Now that my kids have grown, this one is for all the new fathers, and fathers to be.

Take and cherish the awesome responsibility and opportunity that God gives you the second you find out you are going to be a father. I have seen the undeniable an incredible impact that your influence will have on a life that will most likely, God willing, last long beyond yours. At the youngest age possible, start creating habits and rituals and routines that will become tradition and legacy in your family. These are musts:

1. Create a family motto to put up on the wall and live by. Ours is:
 - Do things to the best of your ability.
 - Treat people the way you want to be treated.
 - Have fun.

We didn't realize until years later that our family motto is just a longer version of "Live, Love, Laugh", which we did not invent, but it's a great way to live.

2. Create the habit of reading with your kids every night, but only half the time. Have them read by themselves for the other half. Start this as early in their life as possible and stay consistent with it. Give them reason to love it and look forward to it. If you get them hooked on reading at a young age and they stay with it, the results will be astounding.

3. Feed their interests: music, sports, fishing, etc. Doing whatever they like doing is a great opportunity for you to spend time with them, and share your influence. Powerful conversations happen here.

4. Start giving allowance and allocate it to chores. Teach them about money and managing it at a young age. And have them set aside a percentage for long term savings, one for specific savings, one for needs, one to be spent towards something fun, and one to be given to someone in need.

5. Have a "character trait of the month." Every month, pick one to work on and with your child, together, find every opportunity to develop that quality. Embrace character - Pursue character - and instill character. Because building character is the best way to build self esteem. Self esteem is the core ability for everyone in this world to do anything. Just think if our leaders, our officials, our influencers, had better self esteem. We'd have less greed, less ego, less selfishness and better decisions, better values, stronger community, and all that makes a better world. As fathers, it is our responsibility to instill this in our children from day one. Lets make a difference!! Let's go!!!

It's not everyday we come across such a magnificent opportunity, but it is every day that we should seek it and make the best of the time that we have to influence our loved ones and generations to come. You are raising the future's leaders, the future's influencers, the future's examples of character. So, take the responsibility, embrace the opportunity, and God bless you for being the best father you can be. These will become lifelong habits, lifelong memories, and the lifelong fruits of your love.

Remember, no matter what happens in life, and no matter how much it costs, you will never regret spending time with your kids.

If you have not watched the movie, Courageous (2011), watch it sometime.

I wish you all a Happy Father's Day!



PRIVATE SUMMER TUTOR SESSIONS

Keep Your Child on Track with Summer Learning

Certified K-6 and ESE Certified K-12

Math, Reading, Language Arts, Science & Social Studies.

ESE Certified - students with learning disabilities

To Schedule a Session Call
954-854-1237
Lindsay.henratty@gmail.com



Lindsay Henratty
Private Tutor

This Summer, Mark Your Calendars for **FREE KIDS MOVIES**

at **PARAGON**
CORAL SQUARE

Tuesday, Wednesday, & Thursday at 10:00 AM
First Come, First Served

.....
The House with a Clock in its Walls June 11, 12, 13

Dr. Seuss' the Grinch June 18, 19, 20

Trolls June 25, 26, 27 **Shrek** July 9, 10, 11

Despicable Me July 16, 17, 18 **Sing** July 23, 24, 25

Penguins of Madagascar July 30, 31, August 1

Captain Underpants August 6, 7, 8

.....
FOR MORE INFORMATION: ParagonTheaters.com/Promotions

Our Free Summer Movies are for families. Camp directors, please see management for field trip pricing.

THANK YOU TO OUR SPONSORS



CORNER OF RAMBLEWOOD & RIVERSIDE, CORAL SPRINGS · 954.796.4465



EXTENSIVE RENOVATIONS COMPLETED AT CORAL SQUARE THEATER

Electric Recliners with Footrests One of Many New Additions

Deerfield Beach based Paragon Theaters has completely renovated the Coral Square location that the company acquired in September 2018. Reserved leather fully reclining seats with footrests were installed in all auditoriums, as well as digital sound and Sony 4K Projection. Paragon Coral Square also now features:

- **A Modernized Facade**
- **Beautiful New Lobby, Concession, and Bar**
- **Renovated Restrooms**
- **Beer & Wine and Expanded Concessions, Including MyPi Inspired Pizzas**
- **Automated Ticketing**
- **Ability to Pre-Order Concession on the Paragon Theaters App**
- **An Intimate Screening Room**

Instagram-worthy murals by local artist, Tracie Brown (traciebrownart.com) fill one wall of the lobby and guests are enjoying taking fun pictures before their movie. The response to the renovation from the community has been very positive. According to CEO Michael Whalen, "the look on guests' faces when they see all the changes is very rewarding. So many people remember coming there as a kid to see a movie. We brought the neighborhood theater back to life for residents of Coral Springs and the surrounding areas."

Paragon Theaters is known for creating partnerships in the community, offering affordable field trips, a premier fundraiser program, monthly sensory-friendly screenings, and great birthday and gaming parties. Their \$6 Tuesdays are popular – all movies are just \$6 all day (upcharge for 3D). The Paragon Theaters Diamond Rewards Loyalty Program allows loyal guests to quickly earn points towards free tickets (as well as a free ticket on their birthday). These programs, along with their fan-

tastic amenities and superior guest service, make Paragon Coral Square the ultimate movie destination.

Upcoming promotions at Paragon Coral Square include:

1. **Sensory Friendly Screening of SECRET LIFE OF PETS 2** on Saturday, June 8th at 10 am. Sensory friendly screenings have the lights up, the sound down, and young moviegoers are free to move around. They are shown monthly and more information can be found at paragontheaters.com/promotions.
2. **FREE Kids Summer Movie Series.** The FREE kids summer movies series takes place on Tuesday, Wednesday, and Thursday mornings at 10 am from June 11th through August 8th. The film lineup can be found at paragontheaters.com/promotions.
3. **Father's Day.** On Sunday, June 16th, treat Dad to a hot dog and receive a free small popcorn (or upgrade to a large for \$1)!
4. **National Hot Dog Day.** On July 17th, buy one hot dog and get one free.

Be sure to follow Paragon Theaters on Instagram (they do a lot of giveaways!), and Paragon Coral Square on Facebook where you can also stay abreast of upcoming promotions and events. You can download the Paragon Theaters app to learn about new movie releases, easily reserve your recliner in advance, and keep all your rewards information in one place (and soon redeem your rewards). If you pre-order concessions on the app, you will get a 25% discount (excludes alcohol).

For more info. on Paragon Coral Square see ad on opposite page and visit www.ParagonTheaters.com



Meet The Cheresnick Family



Because Justin and Noelle were from our neighborhoods since before they were in high school, settling in the Coral Springs/Parkland area was only natural when they decided to start a family. Proud parents of Jake, 5 and Ella, 3, their family is completed by their adorable dogs Kamea and Sophie.

An Eagles baseball player and graduate of Douglas high school, Justin is the Sports Director of i-9, a popular league in Coral Springs and Parkland. He says, "It's so fun and incredibly rewarding to have the opportunity to positively influence the youth through sports." Noelle, née Lazan, graduated from Taravella high school, where she was on the cheerleading squad. She is a Veterinary Nurse Manager at an animal hospital in Boca Raton.

Jake is finishing preschool and looks forward to Kindergarten in the fall. His favorite subjects are reading, math, and recess. The sports he is currently involved in are soccer, baseball, flag football, basketball and golf. Ella really enjoys exploring art and music, while her current activities outside are soccer and ballet.

Justin has a terrific time coaching Jake and Ella. He and Noelle both enjoy volunteering, community involvement, and school fundraising. Justin jokes, "The last one is all Noelle!"

When they aren't at work, at school, or on the field, the Cheresnicks all agree that their time together is most appreciated when they are playing outside, going to the beach or, best of all, spending time with family and friends. Fortunate to have a large extended family, both sets of Jake's and Ella's grandparents live in Coral Springs.

Justin and Noelle are sincerely thankful for the close-knit communities they were raised in. Justin's father has been a pediatrician in town for more than 35 years. "He has an amazing reputation," Justin says. "This has given us strong, long standing roots in the community."

"We really enjoy being so heavily involved in our cities," Noelle tells us. "We've both lived here for a long time and, the really cool part is, it is not uncommon around town. There are so many friends and families (including our own) that have been here forever!"

Noelle is a Seminole and Justin a gator. He says, "I actually proposed to her at a UF vs FSU game in Tallahassee." When asked who won that game, he responds, "I don't want to speak about that." However the score turned out, today we know who the big winners are!



Let's pray, do life,
and celebrate together!

SUNDAYS, 10AM
Westglades Middle School
 11000 Holmberg Road, Parkland, FL 33076

 @calvarychapelarkland

Fathers Wanted

By Steve Daigle, Campus Pastor Calvary Chapel Parkland

According to the U.S. Census Bureau, more than 1 in 4 children live without a father at home. Research shows that children from father-absent homes are more likely to have behavioral problems, be drug and alcohol users, and commit crimes and go to prison.

While adult men have many titles (manager, board member, pastor, coach, etc.), none is more important than the role of father. Some of us have great memories of our fathers, but this is not the case for everyone. Despite our relationship with our father on earth, the Bible teaches us that we have a Heavenly Father who created and loves us. He is there for us no matter what. The Bible describes God this way: "The Lord is like a father to His children, tender and compassionate to those who fear him." Psalm 103:13.

Unfortunately, many men take the blessing of being a father for granted. Maybe they don't have the greatest memories of their father or may not even know him. The Bible has good news for all of us. "Even if my father and mother abandon me, the Lord will hold me close." Psalm 27:10.

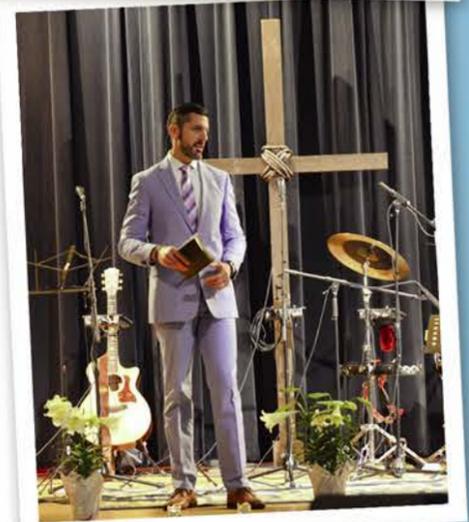
After a four year journey of infertility, God blessed my wife, Kim, and I with 4 children, a child for each of those years! We started fostering in 2015 and, while we were fostering, He blessed us with biological twins and then completed our family by allowing us to adopt the 2 boys that we were fostering ... all within a year! I am fortunate to have had good examples of a father, grandfather and father-in-law to model what the sacrificial love of a father should look like. I can also appreciate the time when we experienced the doubt of having children of our own. God used this to help me never take the role of a father for granted.

As Parkland residents, this last year has been a challenging one for many. One amazing thing is seeing how God is turning tragedy into triumph by planting and using churches in our community. On April 14, we launched Calvary Chapel Parkland. We meet every Sunday at 10am in Westglades Middle School, 11000 Holmberg Rd. I have the humbling opportunity to introduce people to our Heavenly Father and to help them grow in knowing Him on a weekly basis. We would love for you and your family to join us. Our mission is to make disciples, which we do by connecting people to God, to other people, to groups in our community, and to outreach opportunities. Part of our outreach is to be part of the healing process overall. In May, we served lunch to all of the teachers and staff at Marjory Stoneman Douglas High School and Westglades Middle School. We also collected food items to help needy children for Hope South Florida. We are excited to see how God will use Calvary Chapel Parkland and other churches in the community to help meet the needs of our local families.

Fathers, it is time all of us to step up and be the fathers that are wanted and needed in the world today. How we love and raise our children will not only help improve our society, but can also introduce people to our Heavenly Father through the way that we love and care for our children.
Happy Father's Day!

Please join us for a Church BBQ/Public Servant's Weekend on June 9, and please make plans to begin Father's Day with us on Sunday, June 16

Calvary Chapel Parkland service is held on Sunday mornings at 10:00 am at Westglades Middle School, 11000 Holmberg Rd, Parkland, FL 33076 • 954-905-5070 • www.calvaryftl.org/Campus/Parkland





PARKLAND Fishing Derby

The City of Parkland Annually holds a four-part youth fishing tournament at the fishing pier at Pine Trails Park in the heart of the city. With fishing dates in May, June, July, and the last installment in August, young contestants compete for prizes for largest fish, smallest fish, most fish caught, and more.

This annual summer event is enjoyed by the youth who participate and their parents alike. The next tournament date is Saturday, June 15th just in time for Father's Day! Followed by Saturday, July 13th and the final date is scheduled for Saturday, August 10th. All three dates run from 8:00am through 10:00am with the awards presented immediately after.

This is a free event, open to the public for participants ages 3-12 years old held at the Pine Trails Park fishing pier. Check-in will start at 7:45 A.M. and the sounding of a horn will start (8:00 A.M.) and finish (10:00 A.M.) the derby.

For more info. on this event and other family friendly events please Visit www.cityofparkland.org

RULES

1. Fishing can be on the pier or the surrounding shoreline of the lake. Please do not wade in the water and be aware there have been alligator sightings.
2. Participants are responsible for bringing all necessary fishing supplies (fishing pole, line, bait, hooks)
3. Due to the close quarters of the many participants, we ask that you use caution when casting your line and refrain from using artificial bait and lures with many hooks.
4. Most Importantly Have Fun!



CONGRATULATIONS TO THE CLASS OF 2019

\$17.1 million was awarded in scholarships to the **268 seniors** who were accepted to **1,163 colleges and universities** this year.

Love Yourself Again...

Ivo D. Pestana, M.D., F.A.C.S.
Diplomate of the American Board of Plastic Surgery

FACE & SKIN

Facelift & Neck Lift
Eyelid Lift
Botox® Cosmetic
Chin Implant

Brow Lift
Rhinoplasty
Wrinkle Fillers
Ear Pinning

BREAST & BODY

Breast Augmentation
Breast Reduction
Liposuction
Body Lift

Breast Lift
Breast Reconstruction
Tummy Tuck
Thigh and Buttock Lift

We invite you to look your best
Schedule your personal consultation today

(954)755-8844

www.pestanamd.com



3100 CORAL HILLS DRIVE SUITE 201 CORAL SPRINGS 33065

Your HEART In Our Hands



SPECIALIZING IN ADULT CARDIOLOGY

MICHAEL FUNK, MD, FACP, FACC

for Multispecialtyhealthcare, LLC
Board Certified in Cardiology
Board Certified in Echocardiography



Michael Funk, MD



Natasha Kennedy, ARNP

Call For An Appointment Today!

954-840-0530

South Florida Surgical Specialists, LLC

SAME DAY APPOINTMENTS AVAILABLE

3001 Coral Hills Drive • Suite 170 • Coral Springs, FL • www.browardheart.com • Email: drfunk@browardheart.com

Tune In To...

The **Balancing Act**

SOUTH FLORIDA EDITION

Get Healthy, Stay Healthy with The Balancing Act

The Balancing Act South Florida Edition is teaming with local health partners to present a special health and wellness episode. Tune in as our experts focus on medical issues and personal health, from prevention and new treatment options to ways to maintain a healthy lifestyle.

Health isn't a destination—it's a Balancing Act, and we're helping viewers make informed decisions so they can achieve optimum health and wellness for life.

Airing Locally On TV

WHDT- Friday, June 7th | 8am

WBFS- Saturday, June 8th | 10am

WFLX- Sunday, June 9th | 10:30am

For more information visit thebalancingact.com



allegianceorthopedic.com
561-330-4358



legacyhealing.com
888-534-2295



avmed.org
305-671-5437



ventremedical.com
954-561-6222



unleashlifetoday.com
954-774-1008

Coral Springs Connections

Baseball & Tee Ball

CORAL SPRINGS AMERICAN LITTLE LEAGUE
For more info. visit. www.csall.com, or call (954) 871-3997. coralspringsamerican@gmail.com

WINTER BASEBALL & T-BALL

Players from Coral Springs and Parkland are welcome. Games are held August – November. For more info you visit www.csall.com, or email coralspringsamerican@gmail.com call (954) 871 3997 See ad below

CHALLENGER BASEBALL LEAGUE

Strives to reach disabled kids and their families at no cost. For more info, call (954) 345-9329.

NORTH SPRINGS LITTLE LEAGUE

For more info go to www.eteamz.com/northsprings.

MEN'S CHRISTIAN ATHLETIC ASSOC.

Teams of every denomination from any faith-based organization are welcome to the league. Please call (954) 796-0933

Basketball

CORAL SPRINGS BASKETBALL

Year round play check for sign up dates. www.CSBCHOOPS.com or call (954) 360-1200 or Barry Popock (954) 599-6660

Tackle Football & Cheerleading

PARKLAND RANGERS TACKLE FOOTBALL & CHEERLEADING

Football contact: 954-892-4244 or info@parklandrangers.com
Cheer contact: 954-520-2515 or cheer@parklandrangers.com
www.parklandrangers.com

Flag Football & Cheerleading

CORAL SPRINGS FLAG FOOTBALL & FLAG FOOTBALL CHEERLEADING

For more info, call 954-406-0660, email info@csffc.org or go to www.CSFFC.ORG See ad and article pages 20-21.

ULTIMATE FLAG FOOTBALL

For more info. see www.UltimateFlagFootball.org

Health & Fitness

STRETCH ZONE

Takes stretching to the next level with their patented equipment following a specific method and protocols the Stretch Zone Method can increase your activity range of motion and the quality of those movements. For more info visit www.StretchZone.com call 954-840-8648 or see ad on page 9.

Tackle Football & Cheerleading

CORAL SPRINGS TACKLE FOOTBALL & TACKLE FOOTBALL CHEERLEADING
For more info see www.cschargers.com

Ice Skating & Hockey

FLORIDA PANTHERS ICE DEN

The triple rink known formerly known as Saveology has programs all year long! www.PanthersDen.com or call (954)341-9956. See ad on page 29

Lacrosse

PARKLAND REDHAWKS

For more info go to www.parklandlacrosse.com

Running

NORTHWEST BROWARD ROAD RUNNERS

A volunteer-based organization with a goal to promote health and wellness through running, provide support for runners of all ages, levels and abilities. For more info. go to www.nwbrrc.com or email jaygee725@gmail.com

Soccer

CORAL SPRINGS RECREATIONAL

For more info www.CSYS.org or call Mimi Milton for further info. 954-341-6391.

Softball

YOUTH SOFTBALL ASSOCIATION OF CORAL SPRINGS (YSACS)

Two seasons run each year, February-May and September-November. See the website at www.coralspringssoftball.com or call (954)344-0171. See ad below

CORAL SPRINGS WOMEN'S SOFTBALL

Players 18 & older can join the slow-pitch teams that play on Sundays and Monday evenings at Forest Hills Park. Call Barb Pantazis (954) 344-4449.

Pet Sitting

SAFE AT HOME PETS

Bonded and insured with more than 30 years experience, keep your pet's routine predictable when you can't be home. Overnight stays or daily stop-ins. For more info. call 954-415-5425.

Private Schools & Camps

CORAL SPRINGS CENTER FOR THE ARTS NEXT STOP BROADWAY SUMMER CAMP

Let's go to the MOVIES! This Summer...Star in your favorite films LIVE on stage at the premier performing arts summer camp! Where memories last a lifetime... For more info see www.nextstopbroadwaycs.com or ad & article pages 26-27.

NORTH BROWARD PREPARATORY SCHOOL

Is an accredited, college-preparatory, independent, non-sectarian school serving families of the pre-kindergarten through high school age groups. For more info. call (954) 247-0011 or www.NBPS.org See page 13

SUMMIT ACADEMY CHARTER SCHOOL

K through 8th grade. A tuition free public charter school. For more info, call (954) 603-3303, www.summitacademy.org. See ad on back cover

Tutoring

PRIVATE TUTOR

Keep your kids on track with summer learning. Certified K-6, ESE Certified K-12. Math, Reading, Language Arts, Science & Social Studies. For more info call Lindsay Henratty at 954-854-1237 or email lindsay.henratty@gmail.com see ad on page 5.

Special Needs

PARKLAND BUDDY SPORTS

Find out about league offerings and activities. www.ParklandBuddySports.com

CHALLENGER BASEBALL LEAGUE

Open to all special needs kids and their families at no cost. For more info, call (954) 345-9329.

THE FRIENDSHIP INITIATIVE

Provides programs & facilities for children and young adults with special needs, while creating awareness and sensitivity. For more info, call 954-753-9430 or www.thefriendshipinitiative.org

Volleyball

SAND TURTLES VOLLEYBALL CLUB

Beginner sand volleyball training for kids and adults. Call Mark Lewkowicz for more info. (954)345-0500. www.sandturtlesvolleyball.com

Parkland P-Rec

PICKLEBALL

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Players use solid paddles to hit a whiffle ball over a net. Yearly fee: Residents \$45/Non-residents \$54. P-REC – 10559 Trails End (located inside Pine Trails Park)

i9 Sports - Youth Sports Leagues

Coral Springs Leagues - Saturday & Sunday Options

Soccer - Ages 3 - 12
Flag Football - Ages 4 - 13
Baseball - Ages 3 - 7
Indoor Basketball - Ages 5 - 12

www.i9sports.com
954-227-9955 (M-F, 9am-8pm)

Important Numbers

Aquatic Complex.....	(954)345-2121
City Hall in the Mall	(954)344-1828
Coral Springs Gymnasium	(954)345-2107
Cypress Park Pool	(954)345-2109
Cypress Park Tennis	(954)345-2100
Mullins Park Pool	(954)345-2170
Sportsplex Tennis Center	(954)344-1840
Parks and Recreation	(954)345-2200
Parks Field Conditions	(954)344-1187

2019 CSA Little League Winter Ball Registration



SECOND ANNUAL WINTER BALL SEASON!

If your child attends any of these schools, OR, you live South of Wiles Rd, CSALL is YOUR Little League

Riverside Elementary	Maplewood Elementary	Ramblewood Middle
Ramblewood Elementary	Parkside Elementary	Forest Glen Middle
Westchester Elementary	Coral Springs Charter	Sawgrass Middle
Coral Springs Elementary	Saint Andrews	JP Taravella High
Forest Hills Elementary	Coral Springs Christian	Coral Springs High
James Hunt Elementary	Coral Springs Middle	Coral Glades High

• Multiple Player Discounts Available! •

WHEN Saturday, July 13
TIME 10am – 1 pm
WHERE Mullins Park at the Bill Collins Clubhouse
YOU NEED Original birth certificate and 1 proof of residence



You can register online but all players must pay in person and show proof of residency.

For ONLINE REGISTRATION please visit WWW.CSALL.COM

For more info. call Coral Springs American Little League at (954) 871-3997 or email CORALSPRINGSAMERICAN@GMAIL.COM



REGISTER NOW & SAVE \$10!

Promo Code SPEC10

FUN SAFE CONVENIENT

For Kids Ages 3-14

Soccer, Basketball, T-Ball, Flag Football & ZIP Lacrosse



www.i9sports.com

Parkland Connections

Parkland Little League

For more info., call (954) 604-2442 or visit www.parklandll.com

Basketball

PARKLAND REC BASKETBALL
www.parklandbasketball.com or call the hotline (954) 227-0989.

Cheerleading

PARKLAND CHEERLEADING CLUB
Contact Susan Kelton (954)575-9575.

Tackle Football & Cheerleading

PARKLAND RANGERS TACKLE FOOTBALL & CHEERLEADING

Football contact: 954-892-4244 or info@parklandrangers.com
Cheer contact: 954-520-2515 or cheer@parklandrangers.com
www.parklandrangers.com See ad page 16.

Flag Football

PARKLAND FLAG FOOTBALL
For more info, see www.parklandflag.com
See ad below.

Lacrosse

PARKLAND REDHAWKS
For more info go to www.parklandlacrosse.com

Soccer

PARKLAND SOCCER CLUB
For more info, call (954)410-5172 or www.parklandsoccer.net

PARKLAND TRAVEL SOCCER CLUB
For more info, call Keith Brodsky 954-439-2596
www.parklandtravelsoccer.com

Private Schools & Camps

CORAL SPRINGS CENTER FOR THE ARTS NEXT STOP BROADWAY SUMMER CAMP
Let's go to the MOVIES! This Summer...Star in your favorite films LIVE on stage at the premier performing arts summer camp! Where memories last a lifetime...
For more info see www.nextstopbroadwaycs.com. or see ad and article pages 26-27

NORTH BROWARD PREPARATORY SCHOOL
Is an accredited, college-preparatory, independent, non-sectarian school serving families of the pre-kindergarten through high school age groups. For more info, call (954) 247-0011 or www.NBPS.org See page 13

SUMMIT ACADEMY CHARTER SCHOOL
K through 8th grade. A tuition free public charter school. For more info, call (954) 603-3303, www.summitacademy.org. See ad on back cover

Tutoring

PRIVATE TUTOR
Keep your kids on track with summer learning. Certified K-6, ESE Certified K-12. Math, Reading, Language Arts, Science & Social Studies. For more info call Lindsay Henratty at 954-854-1237 or email lindsay.henratty@gmail.com see ad on page 5

Health & Fitness

STRETCH ZONE
Takes stretching to the next level with their patented equipment following a specific method and protocols the Stretch Zone Method can increase your activity range of motion and the quality of those movements. For more info visit www.StretchZone.com call 954-840-8648 or see ad on page 9.

Parkland P-Rec

PICKLEBALL
Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Players use solid paddles to hit a whiffle ball over a net. Yearly fee: Residents \$45/Non-residents \$54. P-REC - 10559 Trails End (located inside Pine Trails Park) For more info please call 954-757-4105.

i9 Sports - Youth Sports Leagues

Parkland Leagues - Saturday Only
Soccer - Ages 3 - 12
Baseball - Ages 3 - 7
www.i9sports.com
954-227-9955 (M-F, 9am-8pm)

Important Numbers

Leisure Services(954)757-4105
Field Conditions(954)757-4110
Park Ranger(954)575-1007
Youth, Teen, & Senior Programs (954)757-4129
City Hall(954)753-5040
Tennis(954)757-1910
P-REC(954)757-4105



Parkland Flag Football



Now Registering!

By Stacy Case

While the professional football players are getting ready to start mini camps with their teams next month, our community's youth players are preparing to begin their respective season of play right in our backyard.

The Parkland Flag Football League has been a mainstay sport in the city for more than two decades, in which the recreational program brings in close to 1,000 area youths each season. According to the league's president, this year is expected to be just as successful as its history denotes.

"Our players learn what teamwork is and what accountability means," says first-year PFFL President Joe Kohn, who has been on the league's Board of Directors for about five years thus far. "I always love when a player, who has never participated in flag football before, comes to my team and tells me he (or she) can't wait to play again at the end of the season."

In fact, Joe said that he was asked to coach several years ago when his son was a first-time flag football player, and said it was the best thing he did for his son, himself, and the program.

As with previous years, the league is mirroring its format of its divisions and will have co-ed teams for: kindergarten, ages 6/7, 8/9, 10/11, 12-14, and girls: ages 7-9, 10/11, 12-14. Additionally, the league, once again, will put forth the effort to have a co-ed high school division for players ages 14 and older. Unfortunately, there had not been enough interest in the high school division previously but Joe and his 13 other board members are opti-

mistic that 'this' is the year to make it happen.

"I'd always like to keep our league growing quite a bit, and we're really looking to get that high school division going so we can have it for that age group for years to come," adds Joe, regarding his league that calls Pine Trails Park its home.

Assuming they are, in fact, able to get that age group up and running, this year's participation numbers are expected to surpass last year's. Regardless of age or gender or division, Parkland Flag Football players are offered the game's complete package of when they enroll in the program. From pre-season player evaluations, which help to ensure a balance of ability across the board, to team drafts, the players take to the field for practice in August and begin games right after Labor Day.

All divisions play an 8-on-8 format in two, 20-minute halves. Once each division's regular season is concluded, they enter into playoffs, except the kindergarten players, and lead up to their own Super Bowl.

Aside from any pre or post season play though, one thought remains in the forefront of Joe's mind....

"When it comes to youth sports, although we do have kind of a small community, these parents are very involved and come to every game."

**For more info or to register, visit parklandflag.com
See ad on opposite page.**





Will Your Kids be Sitting on the Sidelines Next Season?

REGISTRATION NOW OPEN!

Parkland & Coral Springs Residents



Co-ed NEW Divisions

- Kindergarten
- Ages 6 & 7
- Ages 8 & 9

All Girls Divisions

- Ages 10 & 11
- Ages 12 & 13
- Ages 14 & 15




FREE Youth Clinic, Saturday June 1st, from 10am -1pm

Hosted by the Board and Athletic Performance Training (APT). For more Info. see our website www.ParklandFlag.com



Dads and Princesses

By Jamie Horowitz, Cherokee Tribe Chief

In Northwest Broward County there are a group of fathers that have spent the year trying to establish a special bond with daughters. These dads are part of the YMCA Seminole Nation Indian Princess Program which fosters unique experiences between dads and daughters. These experiences include monthly meetings, fun events, camp outs and community service. The organization has 13 local chapters, also known as tribes, and over 500 members, the majority of which live in the Coral Springs and Parkland area..



Dads volunteer to organize both the nation and tribal events, all with goal of encouraging bonding with their daughters and other families. Each tribe becomes a close knit group, almost like an extended family. Tribal officers organize events for their individual groups. Some tribal activities include dad / daughter soccer games, laser tag, ice cream night, craft night and more.

The Nation officers organize events each month. During the school year, there are several camp outs including campouts at the Circle F Dude Ranch Campground, Peace River Canoe Trip and Camp Geneva Retreat. In December the nation organizes the annual Dad / Daughter Dance usually held at the Coral Springs Marriott. In March the Indian Princess Programs from across the state gather for the Sunshine State Pow Wow. This May, each tribe organized their own community service event. In June the Nation organized an overnight at the Kennedy Space Center where dads and daughters will campout underneath a Saturn rocket booster.



In Parkland, the Cherokee Tribe is celebrating its 20th year this year. The tribe has grown to over 30 families in the past two years. Their 90 members make it a point to participate in as many nation and tribal events as possible. You can also find many of the dads encouraging their daughters at the Dance Theater, local athletic leagues and at our local schools. Two of the dads, David Lotz and Cary Fronstin sit on the board of SOS Parkland (Secure our Schools).

For more information about the Seminole Nation Indian Princess program please go to www.seminolenation.org.

For more information on the Cherokee Tribe please go to www.mightycherokees.com.



Eye Site Vision Center

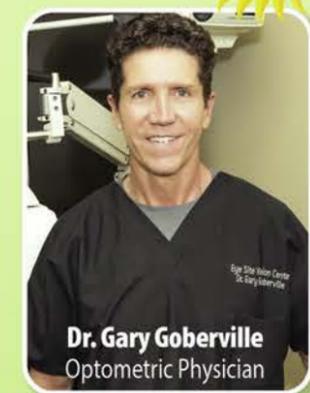


Excellence in Family Eye Care & Eyewear

- We carry a Phenomenal Selection of Frames • Come Visit Our Extensive Sunglass Boutique
- Medical Savings Accounts Accepted



SIZZLING SUMMER SAVINGS ENDS 6/30



New Patient Special!
\$125 OFF
 Eye Exam & Glasses

Certain restrictions apply. Call for details. With coupon only. Cannot be combined with any other offers. Exp. 6/30/19 SP

Contact Lens Special!
 Up to **\$450 OFF***
 Daily Contact Lens Exam, Annual Supply and Glasses!

* \$250 Instant Rebate and \$200 Mail in Rebate. Certain restrictions apply. Call for details. With coupon only. Cannot be combined with any other offers. Exp. 6/30/19 SP

Coral Springs
 2344 N. University Drive
 954-344-EYES (3937)

Boca Raton
 9874 Yamato Road, #120
 561-479-1411

Lighthouse Point
 2490 N. Federal HWY
 954-943-3779

www.EyeSiteVision.com

The patient and any other person responsible for payment has a right to refuse to pay, cancel a payment, or be reimbursed for payment for any other service, examination, or treatment which is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee or reduced fee service, examination or treatment.





“No one is born a great cook, one learns by doing”
- Julia Child



By James Madera

Food is a necessity but, beyond that, we are all able to bond with others and rejoice over the pleasure that it brings us every time we consume it. Cooking is a great way to develop a greater appreciation for all kinds of cuisines, and it's very much an activity that we can share amongst family and friends.

This is especially true for Joe Kohn, a local real estate attorney who has resided in the Coral Springs/Parkland area for much of his life. Joe and his 13-year-old son, Ethan, enjoy spending time together doing what they both love to do: Cooking.

Joe has been so invested in this journey he is undertaking with his son, that he wants to be able to share the love of cooking with others who have the same passions. He looks forward to publishing a cookbook titled, “Cooking with Ethan,” that will include many of their favorite recipes, while keeping it simple enough for others to easily follow along. The cookbook will additionally include alternative methods to classic dishes, as a means to better suit the lifestyles of those who strictly follow plant-based diets.

Ethan's interest in cooking started at a very young age. Joe did not want to go the practical route with the mundane and repetitive methods most often found in cookbooks, and he knew that the best way for Ethan to learn was if he got as much hands-on experience as possi-

ble. “When he was younger, I got tired of reading ingredients that I couldn't pronounce,” Joe says. “He always liked to cook, and so we started to make good, whole foods, that didn't come from a can. The entire goal was to make better food choices for my son.”

For as long as Joe can remember, Ethan has had an expansive palate from a very young age. Ethan started to indulge in salmon at 4 years old. His culinary curiosity made it easier for cooking, because Joe was not limited in the meals he prepared. “I never had to cook ‘kid food’ for him. I was making him salmon with dill sauce when he was only 4. Not too many young children are eating that,” said Joe.

Joe and Ethan will cook any type of cuisine, and amongst their favorites are homemade pasta and other plant based meals. They enjoy going the extra mile in the creative process, making some of their friends' favorite recipes, but with a plant-based twist.

Joe believes that this cookbook will cater to anyone that is truly interested in cooking, especially for parents who are looking to be more expansive with their children. He tells us, “I think the cookbook will be for everyone. Whether it be parents cooking with their kids, or if you're looking for more whole food recipes, it will include plant based and semi-plant based recipes, together with many shortcuts to make the process easier.”



Putting Your Children First



QUALITY CARE FROM PHYSICIANS WHO KNOW CHILDREN BEST

The Salah Foundation Children's Hospital at Broward Health Coral Springs is dedicated to providing compassionate, comprehensive care for children of all ages.

Our **Children's** Hospital Provides:

- **Children's Emergency Room** – 24-hour emergency care, pediatric-trained physicians and nurses
- **Level II Neonatal Intensive Care Unit** – critical care for babies in all private rooms
- **Level II Pediatric Intensive Care Unit** – specialized care for children and youth
- **Pediatric Orthopedics & Rehabilitation** – emergency, preventative and rehabilitative care
- **Child Life Program** – inpatient emotional support and counseling



Find a pediatric specialist at
BrowardHealth.org/Find-Doctor

3000 Coral Hills Drive, Coral Springs

Follow us:



What Element are you? II

By Monique G. Bain, MAC, LAC, Acupuncture Physician

In Chinese Medicine, we look at patients much like we look to nature in order to diagnose and find the body's imbalances. According to Chinese philosophers, anything in the world can be broken down into 5 types of energy, **The five Elements: Wood, Fire, Earth, Metal and Water.**

Summer is the season of abundance and the energy of creativity surrounds us. The Fire Element is associated with the summer season, which begins on the longest day of the year, June 21st, the summer solstice. This time of the year is a very busy and social time. Fire type personality is passionate, energetic, loves to talk, relationships are important to them, dramatic, eloquent, expressive and very charismatic. Fire type personality approaches life with enthusiasm that is infectious, they love to love, sentimentalist and are unconcerned about material wealth. They love attention, they appear to be fun loving and romantic and dislike to be alone. By themselves they can feel lifeless, but in company of others they become alive. On a deeper level and when in balance, the fire personalities express themselves as joy, love, laughter and enthusiasm, but when their fire is low, it shows as lack of joy, dependence of others, easily hurt, flat, cold, anxious, shy and lonely. However, when the fire is blazing, those same fire personalities will appear out of control, inappropriate, attention seekers, manic, self-destructive and no amount of attention will be enough.

Fire patient typically seek help when experiencing any combination of symptoms including but not limited to:

trouble sleeping, insomnia, anxiety, irritability, hot flashes, depression, dry mouth, difficulty concentrating, tension in the chest, racing thoughts, circulation problems, varicose veins, hypertension, hemorrhoids, high cholesterol, constipation, nasal congestion, cough, lack of boundaries, neck and shoulder pain, sexual dysfunctions.

In our bodies, the fire element manifests in the heart, pericardium (protective membrane around the heart), triple heater (regulator of internal temperature) and small intestine. The color associated with Fire is red and the flavor is bitter.

Advices for Fire Type:

Writing on a journal helps when feeling frantic or sad.

Avoid foods that are too spicy and eat more cooling foods like cucumbers, avocados, melon, summer squash and bananas. Add bitter foods to your diet like leafy greens.

Have fun on a regular basis and make it a priority.

Find your passion and, when you do, live it wholeheartedly and enjoy every minute of it!
Get your body moving, increase your circulation.

For more info about Five Element Wellness Center, call 954-657-8342, visit www.5elementwellnesscenter.com or see ad on opposite page



DISCOVER YOUR ELEMENT

Let Five Element Wellness Center enhance your health and well being by relieving pain and stress, decreasing inflammation, building up the immune system with Acupuncture, cupping, manual therapy and other adjunctive therapies.



F I R E



Tamarac (954) 657-8342
Weston (954) 204-3124

WHICH ELEMENT ARE YOU?

Visit our website to learn more about our wellness philosophy and discover which elemental therapy best suits you.

5elementwellnesscenter.com



This summer is the perfect time for children to act on their love for performing and the arts. In its 18th season, Next Stop Broadway (NSB) has a fun summer camp curriculum happening at the Coral Springs Center for the Arts, 2855 Coral Springs

Drive, with a full size stage, auditorium and plenty of classrooms.

The theme is "Let's go to the MOVIES!" Campers in grades K-8 will star in their favorite films LIVE on stage at Coral Springs' premier performing arts camp. It's certain to be filled with memories that will last a lifetime.

The Camp's Artistic Director and creator is Cynthia O'Brien, who is friendly, engaging, and well spoken. A professional actress since the age of 17, Cynthia traveled the world, eventually deciding to combine her work with her love for the performing arts after becoming a mother to her two children, now 31 and 27. Working hand-in-hand with the City of Coral Springs, Cynthia says, "What I love about the Coral Springs/Parkland area is that it is so family oriented! It's wonderful to help all of our children to be powerful, confident, and happy people."

Cynthia understands that many parents have concerns for their child's safety when they are away from home. The trained and experienced security staff at the Coral Springs Center for the Arts is always on duty. There is only one entrance. Cynthia tells us, "As soon as the children are here in our hands, they are secure and safe until we take them out to the circular drive at the end of the day and deliver them back to their family." Certified by and governed under DCF (The Department of Children and Families), Cynthia explains, "We make sure that in every room there are adequate staff, counselors, and tiers of people to keep our children happy and safe."

The Youth Camp, for grades K-8, has Campers split into grade appropriate groups in classes full of activities designed just for them in singing, dancing, acting, show arts, improv skills, and stage performance. Each session culminates in a fully designed production, where every camper participates. The playbill this

summer includes FREAKY FRIDAY, SHREK, and MATILDA. Daily activities for youth camp begin at 9 AM Monday through Friday, ending at 4 PM. Extended care hours are available for an additional fee. From June 24 to July 26, the Teen Summer Theatre Project is a complete, pre-professional experience for grades 9+. It is set in an encouraging environment where everyone participates in their own full-scale, fully designed productions. Led by an incredible team, the Teen Theatre Project is an advanced group that features industry workshops with visiting professionals, agent scouting, and more. It's a terrific way to build confidence and develop skills. This summer, the Teen Project presents: CHICAGO, featuring a dazzling score that sparked immortal staging by Bob Fosse. Hours for the teens are Monday-Friday. Weeks 1-4: 1pm-6pm, Week 5 hours are 10am-6pm.



In addition to CITs and counselors, there are two teachers in every classroom. "We are the 'cool summer school,'" Cynthia says. "Every classroom has a curriculum, and is geared

for that particular age group."

And when it's showtime... Cynthia makes sure to focus on the fact that everyone at camp has a place. "Everyone participates," Cynthia says with certainty. "We have many wonderful opportunities for the children to shine and feel included. Our goal is to build each child's confidence and make them feel comfortable. It's very rewarding!"

Don't miss your act in this summer's 2019 productions! Contact Next Stop Broadway to secure your son or daughter's place on stage!

See ad on opposite page.

THIS SUMMER...STAR IN YOUR FAVORITE FILMS LIVE ON STAGE!

Next Stop BROADWAY



THE CENTER
CORAL SPRINGS CENTER FOR THE ARTS
NEXTSTOPBROADWAYCS.COM

Disney
FREAKY FRIDAY

SESSION ONE
JUNE 10 - JUNE 28

SHREK
THE MUSICAL

SESSION TWO
JULY 1 - JULY 19

ROALD DAHL'S
Matilda
THE MUSICAL

SESSION THREE
JULY 22 - AUGUST 9

CHICAGO
THE MUSICAL

TEEN THEATRE PROJECT
JUNE 24 - JULY 26



Howard J. Gelb, MD

A board certified orthopedic surgeon specializing in adult and pediatric sports medicine and arthroscopic surgery. He has been in private practice since 1995.

Sports Medicine & Orthopaedic Center

(561) 558-8898

See our ad below

The Athlete's Elbow Part 1

By Dr. Howard Gelb

Elbow injuries are common in overhand and throwing sports. Injuries often include golfer's elbow or medial epicondylitis, tennis elbow or lateral epicondylitis and little league elbow or medial apophysitis. Epicondylitis is a microscopic tearing of the tendon of the wrist flexors or extensors at their origin on the sides of the elbow. Medial epicondylitis is characterized by pain on the inner aspect of the elbow while lateral epicondylitis is characterized by pain on the outer elbow. Both types of epicondylitis are caused by overuse, excessive training, improper technique or playing with equipment that is not sized properly. The treatment of tennis or golfer's elbow involves: 1) rest from the offending activity and 2) appropriate stretches and strengthening of the associated muscles of the forearm and wrist. Cortisone injection can be useful for cases that have not responded to the rehab program. However, multiple injections over a short period of time are not indicated due to the side effects of the cortisone. Rehabilitation is the mainstay of treatment for 80% of patients. If a patient fails the above treatment, MRI may be useful to evaluate the extent of the tendon injury. Surgery for lateral epicondylitis can be done open or arthroscopically, and involves the debridement of the tendinosis (damaged tendon). Medial epicondylitis is an open procedure due to the proximity of the ulnar nerve. A relatively new but promising treatment for epicondylitis is PRP (platelet rich plasma injections). PRP shows better long term results than cortisone and actually helps heal the tendon by providing growth factors to the torn tendon. Read next month for Part 2, a closer look at little league elbow.

That's Gotta Hurt!

- Specializing in Adult and Pediatric Orthopaedic Sports Medicine, Arthroscopic Surgery of the knee, shoulder, hip, elbow, wrist and ankle
 - Fracture care and joint replacement
 - Licensed physical therapist on staff
 - ACL reconstruction, meniscus repair and arthroscopic shoulder reconstruction

Howard J. Gelb, MD, PA

Sports Medicine & Orthopaedic Center

American Orthopaedic Society for Sports Medicine

Fellow American Academy Orthopaedic Surgeons

Diplomat American Board of Orthopaedic Surgery

Subspecialty Certified in Sports Medicine

Fellowship Subspecialty trained in Sports Medicine & Arthroscopy

Member Arthroscopy Association of North America

www.GelbMd.com

561-558-8898

9980 Central Park Blvd. N., Suite 222, Boca Raton
Between Palmetto Park & Glades Rd. on 441/State Rd. 7



SUMMER 2019 PANTHERS ICEDEN

PUBLIC SKATING EXTENDED SESSIONS

JUNE 10TH - AUGUST 13TH

MONDAY - FRIDAY: 10:15AM-3PM

MONDAY - THURSDAY: 6:45PM-8:45PM

FRIDAY NIGHT: 8:30PM - 11:00PM

SATURDAY & SUNDAY: 1:00PM-3:00PM

SATURDAY NIGHT: 8:00PM-10:00PM

PRICING VARIES BY SESSION

SEE WEBSITE FOR FULL DETAILS

AUGUST 5TH - 9TH (10:30AM INSTEAD OF 10:15AM)

CHRISTMAS IN JULY

JULY 20TH

1:00PM - 3:00PM



LEARN TO SKATE USA SKATE SCHOOL CLASSES MONDAY, THURSDAY & SATURDAY

CLASSES ARE ORGANIZED BY SKILL LEVEL

SKATE SCHOOL 1: 5:00PM - 5:30PM

SKATE SCHOOL 2: 5:30PM - 6:00PM

SKATE SCHOOL 3: 6:00PM - 6:30PM

MONTHLY PROGRAM

PRICING VARIES BY PACKAGE

CAMP INCREDIBLE WEEKLY CAMP THROUGH AUGUST 9TH



Scan me

PANTHERSICEDEN.COM

PANTHERS ICEDEN | 3299 SPORTSPLEX DRIVE | CORAL SPRINGS, FL | 33065 | 954-835-8500

Protect Your Family Now & Later

Flexible, Affordable Health Coverage



Enroll Anytime!

- Small Business Owners
- Self Employed
- Families & Individuals



Call Bryan Velasquez, Licensed Agent for A **FREE Quote**

(954) 479-7658

www.ushagent.com/bryanvelasquez



Licensed & Insured
#CFC054102

New Construction • Full Service • Remodeling

No Discount Gimmicks
Reasonable Prices for
Quality Work



PRO BOWL PLUMBING

(954) 346-9873

www.ProBowlPlumbing.com

- All Plumbing Repairs
- Bathroom & Kitchen Fixtures
- Drain Stoppages
- Backflow Preventers
- Hot Water Heaters



Know Your Health Care Options

Raised in Coral Springs, Bryan Velasquez is a father of three who spends his spare time engaged in fun activities with his kids Oliver, 9, Alice, 8, and Jack, 3. He says, "We are always exploring and finding new stuff to do around Coral Springs. I'm all about family." Bryan graduated from Marjory Stoneman Douglas high school, where he was a star athlete and award-winning varsity wrestler. Today, he is passionate about taking care of his family, fitness, and continuing to be a respected, high achieving professional with U.S. Health Advisers.

20 of his company nationwide by helping people navigate and understand their options "about the confusing healthcare market. Many people have no idea of how insurance works, and that's where we are able to educate them." He tells us that the common market for healthcare (ACA) is based on income and is very expensive. "With our plan," Bryan says, "it's about 30 to 40% less than what you would find through the market. It truly is affordable health care!"

Bryan has made his life's focus about others. His concern and passion are for delivering value and helping people better understand their options for affordable healthcare coverage. "Our motto is HOPE, Helping Other People Everyday," Bryan says with quiet conviction. "Health care coverage can be expensive. Our program enables us to help clients from all over the country with better coverage and more providers at affordable prices." Bryan is fully licensed and represents coverage in 30 states. In all three time zones, someone with Bryan's team is available to answer questions in Spanish or English from 8 AM to midnight. Bryan tells us, "It's really convenient... You don't have to leave your house. You can be in Montana, Colorado, Florida, or 27 other states and we are fully compliant via webinar. It's like we are right there with you."



Bryan with his kids Oliver, Alice, and Jack.

For several years after graduating from Douglas, Bryan worked a variety of jobs, always striving to make ends meet for his growing family. He says, "I was at a point in my life where I had no direction, and felt completely lost. I was 28 years old and married with three kids." It's at this point in telling about his journey that his body language perks up and contradicts his quiet demeanor for a second's breadth. He continues, "I took a leap of faith and went into this with the same hard work ethic and mentality that I've always had. Doing this has been a blessing; it really has!" Making a difference for his clients and others has given Bryan greater peace of mind and a purpose that goes beyond just providing for his family. "I'm at the point in my career where it means so much to be able to help other people and pay it forward." He's made it a mission to give hope to some who have felt unable to achieve their dreams, and has built a team of fully licensed men and women, helping each of them to, in turn, assist others in finding the best and most affordable healthcare options.

He explains, "In an industry where rates are sky rocketing, networks are shrinking, and coverages are cut in half, we are able to offer zero deductible, PPO coverage where you can go anywhere in the country with our insurance." For more than three years, Bryan has been in the top

When you're ready to understand all of your options, call 954-479-7658 or visit www.ushagent.com/BryanVelasquez. See ad on opposite page