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Spectator™

June 2023



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ROCK AND ROLL
REALTOR®

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See pages 6-7

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Publishers, Shellie & Scott Farrugia

It's All About

Welcome to June!

Now that Summer is hot on our heels, many of us are excited to get started on our vacations/work breaks, and have some fun! Because the Spectator is made possible by local businesses, we ask you to please patronize your favorite local stores, service companies, salons, eateries, and more!! Our neighborhood businesses are flourishing, and they deserve your support!

Another group of people who deserve a GIANT SHOUT OUT are DADS/FATHERS/PADRES/POPS! We're so grateful for his guidance. This issue celebrates that important guy.

You may be tired of hearing it, but PLEASE make sure your household is "Hurricane Prepared." We've got a checklist for necessities on page 10. PLEASE take it seriously!

Finally, we pray for every family touched by the Spectator, and every home in between. God Bless our Soldiers,

Shellie & Scott

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On the cover: Realtors Annette Winkler & Joe Kohn
See page 6-7

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Community!

A Father's Love: Celebrating Father's Day 2023

By Ashley Ferraro

A father's love is a love that transcends words, a love that speaks through actions, and a love that lingers in the tender moments shared between a father and his child. It ignites a spark of curiosity and thirst for knowledge, yet instills a sense of comfort. Through the eyes of a father, a child discovers their own worth and learns to embrace their strengths. A father's love reminds us of who we are and everything that we can be.

What does it mean to be a father?

To be a father is to embrace a lifelong commitment of selflessness without hesitation.

"Fatherhood is the number one greatest gift in I've had life," says Peter Ferraro, a father of two, twenty-four and twenty-six. "It's also the biggest responsibility. There are a lot of decisions that I make in my life based on the fact that I have this responsibility."

He continues, "One of the most rewarding aspects of it all is watching your children grow into responsible adults. My kids are everything I could have imagined or wanted them to be."

Being a dad is undoubtedly one of the most enriching roles anyone can fulfill their lifetime. It encompasses the responsibilities of being a provider, mentor, and protector. In the present day, fathers have surpassed the boundaries of traditional fatherhood; they are also caregivers, teachers, and listeners.

David Roe, a first-time father of an eight-month-old, offers his perspective on what it means to be a father. "Fatherhood is caring for somebody other than yourself for once, so much that you forget who you were before they came into this world in the most beautiful way."

When you look at your father, who do you see?

This Father's Day, when I look at my father, I am overwhelmed with pride. In him, I see a reflection of the person I aspire to be—humble yet strong, compassionate yet steadfast, and above all, loving. As I continue on my own path, I carry the lessons he has taught me, the values he has instilled in me, and the love he has extended me.

This sentiment may resonate with anyone lucky enough to have an extraordinary father or experience fatherhood themselves. At the end of the day, the most important thing a dad, or any parent, can do is provide unconditional love and support for their child. In turn, the best gift we can offer is reciprocating that kindness. Although he would never ask for anything, because that's the kind of man he is.

What does Father's Day mean to you?

Father's Day is a time to honor our dads, to celebrate being a dad, and to express gratitude to the men in our lives.

However, Father's Day isn't only about giving thanks to our dads for all of the sacrifices they make for us. It's about seeing through them, seeing the man in front of you for all he is and aspires to be, and loving him as he shows up for you.



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Topping the Real Estate Charts

Joe Kohn and Annette Winkler are the principles of Rock and Roll Realty. Joe, an experienced real estate attorney, decided to take off the suit and become a realtor. He tells us, "Annette is patient and she brings an effervescence to the listings and the transactions."

Easy to talk to, with an engaging sense of humor, Joe says, "Unfortunately, some buyers and sellers are mismanaged by inexperienced agents who may not understand the intricacies and ramifications of the sales and purchase contract. You are buying the largest investment of your life, and, having my experience in your corner is invaluable."

Many of us know about a neighbor or friend that had a disastrous real estate experience. Joe isn't surprised, and continues with, "Some of the common mistakes that I've seen over the years is missed deadlines, and often ignoring them instead of making sure they are able to cancel the contract or getting a legally valid extension." Joe opines, "During my many years as a lawyer, I've seen buyers lose their deposits based on something that simple. The sales and purchase contract dictates the entire transaction, and my experience as a real estate attorney gives my clients an edge, creating a more seamless process."

Both socially and professionally, real estate has always been a passion of Joe's. Annette's previous career was coordinating high end life events (million dollar weddings, extravagant bar and bat mitzvahs, etc.) for affluent clients with expectations of the highest level. Exceeding expectations has been instilled in her work ethic. Encouraged to pursue real estate when life shut down due to Covid, Annette is loving her new career! "Whether you are buying or selling a home, it is a life event! My job entails a lot of listening, guiding, and caring for my client's best

interest. I have become more balanced with my family and my children." Detail oriented, Annette is closely involved with every part of the transaction.

Joe's passion for real estate has given him new direction. He tells us, "I'm calling this my real estate career 2.0, because I'm bringing in clients that I've known throughout the two decades of my legal career, and helping them achieve easy and more seamless real estate transactions. Houses will come and go, but relationships last forever."

Why Rock and Roll? Joe is quick to let us know, "I have three main passions; Real estate, music, and cooking. "When I was getting ready to go to my first showing, I was trying to figure out what to wear, and it was a really hot day. Being an attorney, I have all kinds of longsleeved shirts, collared shirts, and then I started thinking, 'I have all of these amazing concert shirts.'" Joe's passion for music was the creation of the Rock and Roll Realtor. "After being in a suit and tie for 25 years, it's a pleasure to go to work wearing a concert shirt."

Completing 90 transactions since July 2020, Annette shares, "Careerwise, this has been the best decision for me. It's really exciting, and there's so much opportunity." Annette has lived in Parkland for four years, and Joe has grown up in our area. He calls himself a "South Florida, Coral Springs/Parkland boy."

Since we're talking about music, both of our realtor friends are really into 80s and 90s rock. This duo is quite the team, and a whole lot of fun! Ready to buy or sell a home? Start at the top of the charts with Rock and Roll Realty.



**For More Info please see
www.JKRockandRollRealtor.com**

JOE KOHN • 954-270-1000
Joe@JKRockandRollRealtor.com

ANNETTE WINKLER • 954-599-3373
Annette@AnnetteWinklerRealEstate.com

FEATURE LISTINGS:

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**VANTASURE
REALTY**

Meet The

Ramirez Family



Photo by Michelle Richard Photography

Happy Father's Day to James Ramirez! He and his wife, Desiree, are the proud parents of Madelyn (Maddy), 13, Elijah, 9, and Jacob, 7.

James is a combat veteran of the United States Marine Corps. He deployed to Iraq in 2003 and was one of the first units to cross into the border when we invaded. He was awarded a Navy Achievement Medal with the Combat V device for valor shown during multiple battles the entire way through Baghdad. He also chose to start college right before the birth of his 3rd child to ensure his Post 911 GI bill wouldn't go to waste. He worked full time and went to school full time to get his bachelor's degree in Supervision and Management within 3 years. Today, he is a quality insurance consultant, and tells us, "I'm part of a team that audits our work product and processes to ensure we are paying what is owed to our clients and that our processes are working correctly."

Desiree has been a registered nurse for 20 years. She's worked all over the country as a travel nurse and settled at Holy Cross Hospital in 2005 to get her master's degree in Health Administration. She worked as a bedside nurse, and now does quality improvement projects within the cardiology department.

Madelyn is heavily involved in band at Ramblewood MS. She plays the flute, and is in the marching band. Last year, she was the only 6th grader that made it into Broward's All-County Band, and this year, she made first chair. She is also on the performance team at a local dance studio. Both Elijah and Jacob play baseball for Coral Springs American Little League. Elijah also plays soccer for Coral Springs Youth Soccer and Jacob plays lacrosse for the Parkland Redhawks.

Desiree is the Vice President of the Ramblewood Middle School Band Boosters and is also on the board for the PTO at Riverside Elementary. She shares in the room mom responsibilities for both boys' elementary school classes. James coaches on all 4 of the teams (2 baseball, lacrosse, and soccer) that both boys play on. James and Desiree are both passionate about being involved in their children's education.

Desiree tells us, "When there are no sports, dance seasons, or concerts to attend, we try to travel as much as possible, ride bikes, and spend time outdoors. We also enjoy boating, off roading, and other outdoor activities. We have family game nights often, and Sundays are generally reserved for grilling and hanging out by the pool or with friends and family."

Madelyn is finishing 7th grade at Ramblewood Middle School. Her favorite subjects are math and robotics. Elijah is finishing 3rd grade and his favorite subjects are math and science. Jacob has completed. 1st grade and his favorite subject is math.

James says, "We moved to Coral Springs in 2015 and LOVE it here! We have the most amazing neighborhood and neighbors, and we have block parties for different holidays and an annual Neighborhood Crawl. We love the small town feel of Coral Springs, where we all look out for each other. This is our "Village". There's always kids outside playing." When it comes to fatherhood, James tells us, "What I love most about being a dad is watching my kiddos grow and become little people. We hope to guide them in the right direction and give them the tools they need, but ultimately, they're going to make their own decisions and it keeps surprising me how successful they are. I feel like I teach and coach them to the best of my abilities, but I end up learning more from them."

06.18.2023

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Insurance Evaluation...

By Brett Porter

Considering the volatility of the insurance market, now is a great time to shop auto, home and flood premiums. Many times there are big differences in rates when comparing different companies. Since we are an independent agency, we have the ability to "shop" coverages for our clients depending on their individual situations.

Home policies may need to be adjusted once claims fall off your record or you have improved your home (replaced your roof or added impact windows/shutters.) The insurance market is very confusing right now. For instance, two homes that are exactly the same size and are located on the same street can have markedly different insurance premiums depending on factors outside of your control. Having a professional who can explain and educate you on your options is invaluable!



In the flood insurance market there are now many private market companies that offer lower rates than National Flood.

Auto policies may need to be adjusted once tickets or accidents fall off your record.

Considering the volatility of the insurance market, now is a great time to shop the premiums. The auto and umbrella availabilities are plentiful and there are many carriers to choose from. You will often find huge differences in rates.

The question to ask yourself is, do you have the proper coverage and are you with the right company? To be certain, please call for a no obligation review of your insurance policies.

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Shoulder Pain Keeping you off the Court?

By Dr. Brandon C. Maisel

Whether you are an avid athlete, retiree, or a weekend warrior you may have been affected by shoulder pain. Shoulder pain is a very common complaint being seen in Orthopaedic offices across the country. Here at Gelb Sports Medicine and Orthopaedic center we aim to correctly diagnose the source of the pain, develop an appropriate treatment plan, and get you back to performing your favorite sporting activities.

"Why is my shoulder hurting" is usually the first question patients tend to ask. The shoulder is a mobile ball and socket joint surrounded by the rotator cuff muscles. When you come to our office, we will begin with x-ray imaging that allows us to gather more information about the shoulder joint. We can see if you are suffering from degenerative changes about the glenohumeral space, acromioclavicular joint or changes along the surface of the bone which can indicate rotator cuff pathology. Next, a thorough physical examination will be performed by either of our physicians Dr. Brandon Maisel or Dr. Howard Gelb. This examination allows us to further make our diagnosis. A common problem we see is rotator cuff tendonitis and subacromial bursitis. In other words, irritation to the rotator cuff muscles from overuse.

"What can we do about it?" is the next question we get and depending on the condition we have several treatment options we may offer. In general treatment options include anti-inflammatory medications, corticosteroid injections and platelet rich plasma injections. Platelet rich plasma otherwise known as "PRP" is a type of orthobiologic treatment that allows the body to naturally heal itself. These injections are performed by Dr. Maisel under ultrasound guidance to ensure precision needle placement into the problem area. As well, here in our office we offer top-notch physical therapy services led by Dr. Jay Itzkowitz, who may assist in your recovery. Unfortunately, sometimes your injury may require further intervention. If that is the case, we proceed with magnetic resonance imaging "MRI" to obtain a three-dimensional image of the shoulder joint, muscles, and soft tissues. If a muscle injury has occurred requiring surgical intervention, Dr. Howard Gelb is a renowned Orthopaedic Sports surgeon who may repair your shoulder.

Overall, Gelb Sports Medicine and Orthopaedic center is a one-stop shop to diagnose, treat, and heal your shoulder pain. Make an appointment today for your shoulder issues!

BRANDON C. MAISEL, D.O.

Board certified by the American Board of Physical Medicine and Rehabilitation

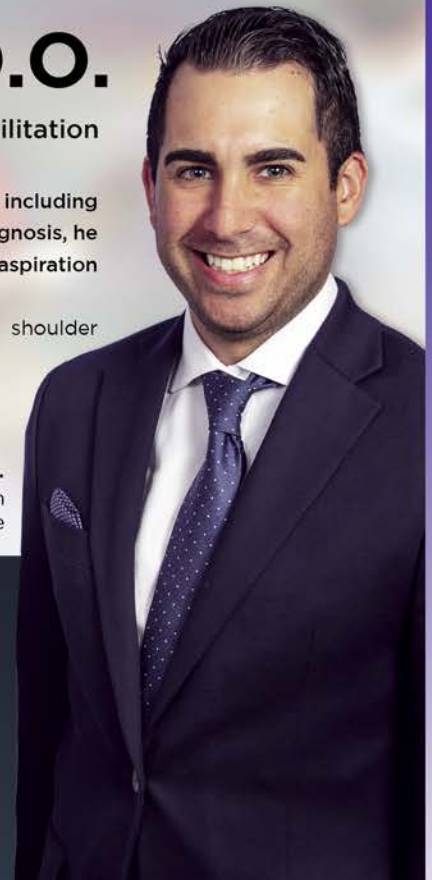
Dr. Maisel has a particular interest in treating acute and chronic musculoskeletal injuries including bone, joint, ligament, muscle, and tendon injuries. To further assist him in treatment and diagnosis, he utilizes musculoskeletal sonography and performs ultrasound-guided injections. Injections/aspiration include however, not limited to:

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—Dr. Howard J. Gelb

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Soccer

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Parkland P-Rec

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SUMMER SOCCER 2023

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This program for boys and girls emphasizes individual development with a focus on ball mastery, footwork, and technique. Age Groups: 2015-2010 (U9-U14) - \$150 High School (U15 - U19) - \$250 JUNE 12 - JULY 20

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FOR SPECIFIC DATES /TIMES & TO SIGN UP:
SPRINGSSOCCERCLUB.COM

NIKE SOCCER

Joe DiMaggio Children's Hospital

CITY FURNITURE

Parkland Connections

Parkland Little League

For more info., call (954) 604-2442 or visit www.parklandll.com. See article on opposite pg.

Basketball

PARKLAND REC BASKETBALL
www.parklandbasketball.com or call the hotline (954) 227-0989.

Tackle Football & Cheerleading

PARKLAND RANGERS TACKLE FOOTBALL & CHEERLEADING

Football Contact: 786-236-0948 or info@parklandrangers.com
Cheer contact: 786-236-0948 or cheer@parklandrangers.com.

Flag Football

PARKLAND FLAG FOOTBALL
For more info, see www.parklandflag.com
See ad below.

Lacrosse

PARKLAND REDHAWKS
For more info go to www.parklandlacrosse.com

BUZZARDS MEN'S LACROSSE CLUB
For more info contact Mike at 954-540-8970 or visit

Soccer

PARKLAND REC SOCCER
For more info, visit www.parklandsoccer.net

PARKLAND TRAVEL SOCCER CLUB
For more info, call Roger Thomas 754-368-7138
www.parklandtravelsoccer.com

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NORTH BROWARD PREPARATORY SCHOOL
Is an accredited, college-preparatory, independent, non-sectarian school serving families of the pre-kindergarten through high school age groups. For more info, call (954) 247-0011 or www.NBPS.org. See ad page 3

SUMMIT ACADEMY CHARTER SCHOOL
K through 8th grade. A tuition free public charter school. For more info, call For more info, call (954) 603-3303, www.summitacademy.org.

Parkland P-Rec

PICKLEBALL
Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Players use solid paddles to hit a whiffle ball over a net. Yearly fee: Residents \$45/Non-residents \$54. P-REC - 10559 Trails End (located inside Pine Trails Park) For more info please call 954-757-4105.

Special Needs

PARKLAND BUDDY SPORTS
Find out about league offerings and activities.
www.ParklandBuddySports.com

CHALLENGER BASEBALL LEAGUE
Open to all special needs kids and their families at no cost. For more info, call (954) 345-9329.

THE FRIENDSHIP JOURNEY

Provides programs & facilities for children and young adults with special needs, while creating awareness and sensitivity. For more info, contact hello@thefriendshipjourney.org or www.thefriendshipjourney.org

Scouting

Scouting offers Year Round Activities for Boys and Girls in K to 12th Grade
Find a local unit at www.beascout.org

Adult Softball

For more info, contact Parkland Parks & Rec. Manager Bruno Battel at 954-757-4103

i9 Sports - Youth Sports Leagues

Parkland Leagues - Saturday Only
Soccer - Ages 3 - 12
Baseball - Ages 3 - 7
www.i9sports.com
954-227-9955 (M-F, 9am-8pm)

Important Numbers

Leisure Services	(954)757-4105
Field Conditions	(954)757-4110
Park Ranger	(954)575-1007
Youth, Teen, & Senior Programs	(954)757-4129
City Hall	(954)753-5040
Tennis	(954)757-1910
P-REC	(954)757-4105

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More than 300 people attended this fun adoption event held at Barkland Dog Park on May 20. The day featured food trucks, local pet vendors, music, a caricature artist, and a variety of fun obedience contests. Families from throughout our area brought their own pets, adopted others, caught up with friends and family, and had a great time on a beautiful Saturday. Several adoption agencies were on site with adorable canines, ready for their furrever homes! Please consider adopting a dog from one of the following local organizations:



Popo Pups Rescue
email: popopupsrescue@gmail.com

Florida Humane Society
www.floridahumanesociety.org

Broward County Animal Care
www.broward.org/animal

Good Karma Pet Rescue
www.goodkarmapetrescue.org





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Artist Joseph Gormley:



Spreading Artistic Magic & Community Connection

By Ashley Ferraro

In the vibrant arts scene of Parkland and Coral Springs, one name stands out as a beacon of creativity and compassion: Joseph Gormley. This local school custodian, father of two, and extraordinary artist has not only captivated the hearts of art enthusiasts with his talent but has also become a powerful force for change in the community. Known for his celebrity portraits and, as of recently, "love hearts" paintings, which he donates to charity, Joseph has taken on a new artistic venture—live painting at the Coral Springs Center for the Arts.

Nestled upstairs at the Coral Springs Center for the Arts is the VIP room known as Level3—a place where theater-goers can mingle and enjoy drinks before shows. This room is adorned with Joseph's stunning portraits, showcasing his immense talent and artistic range. However, it is not just the presence of his artwork that makes Level 3 special; it is also where Joseph sets up his live painting station during shows. There, his creativity soars as he paints the performers on stage.

What sets Joseph's live painting apart is his invitation to attendees to join him in the creative process. When approached, Joseph steps aside, allowing them to express themselves and contribute to his ongoing masterpiece. "I step back from the canvas and let you be the rockstar," he adds.

For Joseph, live painting is a thrilling and rewarding experience. "It's a wonderful way of meeting people," he shares with enthusiasm. Beyond the joy of connecting

with others, he utilizes this opportunity to network within the community, seeking out new charities that could benefit from his artistic contributions. As Joseph puts it, "You just never know who you're talking to."

The success and growth of Joseph's live painting endeavor would not have been possible without the support of the Coral Springs Center for the Arts' General Manager, William Haggett. William's belief and encouragement in Joseph's vision has played an instrumental role in shaping this exciting chapter of his artistic journey.



True to his philanthropic nature, Joseph ensures that the proceeds from his paintings continue to support a variety of charitable causes. Among his favorite beneficiaries are Joe DiMaggio's Children's Hospital, aiding children battling cancer, and My Family Matters Foundation, which provides financial assistance to families facing the burden of their children's medical bills due to cancer.

In addition to his remarkable artistic contributions, Joseph seeks to inspire young artists in the community to embrace their creative potential with confidence. Through his humble nature and genuine love for his craft, he aims to encourage budding talents to pursue their dreams and make a positive impact through their art.

Joseph Gormley's story is a testament to the transformative power of art and the profound impact one individual can have on a community. To witness Joseph's artistry unfold firsthand or follow his incredible journey, **visit his Instagram page @josephgormleyart**



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• 8.25% APR is variable, includes a .50% margin and subject to change based on the Wall Street Journal U.S. Prime Rate (WSJ Prime) which is 7.75% as of February 2, 2023. The minimum APR is 3.25% and maximum APR is 16.00%. Maximum term 120 Months (35 Month maturity option available in the state of Georgia). Payment options include interest only, or 1.00% of the outstanding balance or \$100, whichever is greater; with outstanding interest, principal and any applicable fees due as a final balloon payment at maturity.

• 7.00% APR is a fixed rate for 60 month term. Maximum term available 120 Months (35 month maturity option available in the state of Georgia). APR quoted is accurate as of March 6, 2023 and is subject to change at any time. Interest only payments with outstanding interest, principal and any applicable fees due as a final balloon payment at maturity.

5. We may pay some or all of the third party fees you must pay in connection with opening this Credit Line (collectively "Closing Costs") based on creditworthiness, the amount and term of the Credit Line, and the property location. Closing costs vary by state. In Georgia, for Credit Lines of \$250,000 or less with a 35 month term, we will pay all Closing Costs; otherwise, we will pay Closing Costs up to \$750. For Credit Lines of \$250,000 or less in AL, FL, NC, SC and VA, we will pay all Closing Costs. However, for all Credit Lines of \$250,000 or less, if the appraisal cost exceeds \$160, you are responsible for paying all amounts over \$160 for the appraisal. For Credit Lines greater than \$250,000, we will pay Closing Costs up to \$1,800 in Florida, up to \$1,300 in Virginia, up to \$800 in Alabama, and up to \$750 in Georgia, North Carolina and South Carolina. Should you close your Credit Line within 30 months from the anniversary date of the Credit Line closing, you must reimburse us for all Closing Costs paid by us on your behalf. The requirement to reimburse us for any Closing Costs paid by us on your behalf shall be waived if you keep your Credit Line opened for at least 30 months. The reimbursement of Closing Costs provision does not apply to Credit Lines originated by North Carolina residents. We will not pay any amounts towards Closing Costs for any renewal, extension or refinancing of the Credit Line.

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Don't Let Water Damage Get the Best of Your Home This Rainy Season

As the hurricane season begins, homeowners face numerous concerns in the months ahead. It's not just about stocking up the pantry or preparing shutters. Leo Gordon, a Parkland resident and the Owner and Founder of MVP Environmental Solutions, a licensed general contractor, roofer and emergency restoration company, reminds us that the best time to have a hurricane remediation and restoration plan in place is before the storm hits or even gets named. Now is the time to prepare, well before the frenzy begins.

Leo and his dedicated team at MVP understand the importance of staying updated on the storm's progress and severity. Hurricane paths can change rapidly, making it crucial to remain informed. Stocking up on enough food and water for your family to last three days is essential, and keeping a first aid kit on hand is always wise. Make it a priority to gather and secure important documents, especially your homeowner's insurance information. Additionally, take note of vital phone numbers such as the county emergency management office, evacuation sites, doctors, and a trusted water damage mitigation company.

South Florida homeowners are fortunate to have the expertise of Leo and his team when it comes to water damage restoration after storms. MVP's staff has been extensively involved in disaster response and restoration projects for hurricanes such as Katrina, Jeanne, Frances, Irma, Michael, and Ian. With decades of experience and cutting-edge technology, MVP has become a leader in the water damage restoration industry.

However, water damage doesn't always stem from natural disasters alone. Burst pipes and home flooding can

occur for various reasons. In any case, it's crucial to call an expert like Leo at the first sign of a leak. Within just 24 hours following water damage, mold can begin to grow, posing unprecedented dangers to your home and health. As a family-owned and operated company, MVP Environmental Solutions always prioritizes the health and safety of its clients. Upon arrival, MVP's experts assess whether the water is safe for building occupants. They take calculated steps to address the damage, utilizing specialized equipment to eliminate the risk of secondary issues such as rot or mold. Following the initial remediation, the team continues to monitor the situation closely, ensuring you can resume your routine as quickly and safely as possible.

MVP Environmental Solutions is deeply rooted in the Parkland and Coral Springs communities. Leo serves as the Vice President of the Parkland Chamber of Commerce and holds a board member position for the City of Parkland Parks and Rec Advisory Board. The company actively participates in local charities, including Parkland Buddy Sports and Make Our Schools Safe. Fundraising events have provided an opportunity for Leo to involve even his youngest children in the family business, fostering a sense of community and compassion.

From the Treasure Coast to Miami Beach, MVP Environmental Solutions is available 24/7 to address your emergency service needs. Contact them today at info@mvp mold.com or (954) 247-9444.

With MVP Environmental Solutions, you can trust that licensed general contractors, roofing contractors and restoration contractors are working tirelessly to protect your home and provide empathetic support during times of storm damage.





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