

Spectator

March 2026



**MONIQUE
LEQUERIQUE**

The Woman
Redefining Parkland
Real Estate

See pages 6-7

COASTALCOMMUNITY.TV

easter

COASTAL COMMUNITY CHURCH

EASTER SERVICE TIMES

FRIDAY, APRIL 3RD
7:00 PM

SATURDAY, APRIL 4TH
4:30 PM, 6:00 PM

SUNDAY, APRIL 5TH
8:30 AM, 10:00 AM, 11:30 AM, 1:00 PM

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RELEVANT MESSAGE • AUTHENTIC PEOPLE

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PINE TREE ESTATES

6 Bedrooms, 5 Bathrooms, Guesthouse,
3 Car Garage, Flex Room, Pool with
Waterfalls, 1.09 Acre Lot

Beautiful family compound with a guest house set on 1.09 acres, perfect for multi-generation households. Large living areas framed by impact glass create seamless indoor/outdoor flow with tranquil views of the tropical pool & backyard. A striking exterior features a long driveway, manicured lawn, & stunning double-door entry. The open kitchen/family room offers wood cabinetry, top-shelf appliances, a fireplace & generous space. The impressive primary suite boasts a spa-like bath, custom closets, & serene pool views. Enjoy a private backyard retreat with a tiki hut, oversized pool with waterfall & slide, multiple outdoor living spaces & when the sun goes down the magic begins. Fabulous guest house with a front porch, great room, kitchen & bath—ideal for guests or in-laws.



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5 Bedrooms, 4 Bathrooms,
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Simply a Breathtaking & Renovated home with contemporary influences, sophisticated finishes & a 2020 roof. Upon entry you are greeted by large living areas drenched with natural light & views of stunning outdoor spaces via glorious walls of glass thruout. The new crisp white kitchen takes centerstage in the open kitchen/-family room area with its high gloss cabinetry, quartz counters/waterfall, & butted glass windows. The primary suite is impressive in size & features a Zen (with a touch of Glam) bathroom & fabulous closets. Out back you will find a secluded & fully fenced paradise boasting an oversize pool, summer kitchen, marble pavers, tropical landscape & expansive green spaces. Other Offerings: Impact windows/doors, New kitchen, Updated bathrooms, Whole house generator & so much more!



Please visit
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COMPASS

City of Parkland Community Page

It's All About Community!

Twenty Four and MORE!

Happy Anniversary Spectator Readers! We are so happy to focus on friends and neighbors who are making inspiring, positive differences for everyone. Please read through and note the amazing folks that make our corner of Broward so fantastic. Get ready for a fabulous summer by enrolling your kids in a local athletic league, or take them "Back in Time" to the Florida Renaissance Festival (see ad on page 19).

See the articles about an incredibly successful real estate team, the Mathew Family, our AllStar Highlight, Relay for Life, and Dr. Marla Berger, all focused on enriching the community around us... and sharing gifts with the everyone. Whether we are on the giving or receiving end of help in times of adversity, we are constantly modeling examples. Our kids are always watching!

We are so thrilled to celebrate our corner of Paradise with the amazing families who call it home. Enjoy March by offering love and service to friends and neighbors in our community.

Thank you for your time and support of our advertisers.

God bless you and our troops,

Shellie & Scott

Connected by Community

by Shellie Miller Farrugia

Twenty four years ago, we set out with a simple idea and hopeful hearts. We believed that a community as vibrant as ours deserved a place where families, businesses, schools, and dreamers could see themselves reflected. What began as a small vision has grown into something far greater than we could have imagined. As we celebrate this anniversary, we are filled with gratitude for the friendships and stories that have shaped the journey.

When we first launched The Spectator, information traveled differently. Social media was just beginning, and finding local activities often meant word of mouth or spotting a sign on the side of the road. We saw an opportunity to create something steady and reliable, a publication families could hold in their hands and trust. Our goal was to build a bridge between neighbors and introduce readers to the people and places that make this community special.

Over the years, we have watched Parkland and Coral Springs grow in remarkable ways. New schools have opened. Local businesses have taken courageous leaps of faith. Children we once featured in our pages have grown into adults now raising families of their own. Through every season of growth and challenge, we have remained committed to highlighting the heart of this community.

There have been moments that reminded us why we started. Stories of perseverance that brought tears to our eyes. Young athletes who overcame obstacles. Entrepreneurs who turned small ideas into thriving storefronts. Families who found connection and support simply because they saw themselves in an article and realized they were not alone. These are the milestones that matter most, measured not in technology or convenience, but in compassion, resilience, and unity.

We are especially heartened by relationships formed along the way. Business owners who began as advertisers have become dear friends. Parents who once reached out to share a story now greet us at community events. Coaches, teachers, artists, and volunteers have trusted us with their milestones and memories, a privilege we have never taken lightly.

Publishing for more than two decades has taught us that relevance comes from listening. We hear what excites you, what concerns you, and what inspires you. We adapt and continue striving to reflect the spirit of the neighborhoods we serve. While platforms evolve, our mission remains steady: to connect, celebrate, and inform.

As we turn the page on twenty four years, we do so with appreciation and anticipation. Appreciation for every reader who has picked up an issue, every contributor who has shared a story, and every advertiser who has believed in our vision. We eagerly await the new families arriving, the businesses opening, and the dreams taking shape across Parkland and Coral Springs.

The Spectator has always been about community. It is about recognizing familiar faces, discovering hidden talents, and celebrating the everyday moments that weave us together. Thank you for allowing us to be part of your lives. Here is to the friendships we have made, the stories still waiting to be told, and the years ahead.



This Month's Digital Issue

Spectator™ Magazine

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US Mail &
Baron Express
954-297-0731



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On the cover:
Monique Lequerique, the women
redefining Parkland Real Estate. See pages 6-7.

FIRST BAPTIST FORT LAUDERDALE

CHURCH BY THE GLADES

"TWO CHURCHES, ONE MISSION, ONE HEART"

SAWGRASS CAMPUS

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6:30PM

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Monique Lequerique:

Experience Without Blind Spots in a Shifting Parkland Market

Born and raised in Florida, Monique Lequerique has spent more than three decades navigating Broward County real estate. From Coral Springs to Parkland and beyond, she grasps not just neighborhoods but how markets interconnect.

Her career covers everything—from \$90,000 auction buys, mortgage brokerage to \$10 million estates. Recently, she closed one of Parkland’s highest sales, surpassing the prior record by \$2.5 million. Yet for Lequerique, price isn’t the core story.

“Real estate isn’t about the price point,” she says. “It’s about responsibility. When someone hires me, I take that seriously. I’m protecting their position.” This view comes from broad experience—as agent, buyer, investor, and developer. Having built her own portfolio and advised family, she treats every client like her own. “I’ve been the buyer. I’ve been the seller. I’ve invested my own capital. When I represent someone, I evaluate their situation the same way I would if it were my own family.”

In Parkland’s near-exhausted land supply, comparables alone fall short. “Traditional comps show you where the market has been,” she explains. “But in a supply-constrained environment, you also have to understand where it’s going.” She factors in Florida’s growth, migration, Broward’s city flows, and Parkland’s scarcity—where new homes bring new demand too.

The Spring 2026 outlook shows Parkland shifting: easing rates draw strategic buyers back. Inventory rises, demand matches it; creating opportunity in balance, not frenzy. Luxury sales demand precise pricing, negotiation, and presentation. The recent \$2.5 million record reflects strategy and execution, not luck.

Parkland’s appeal holds strong with excellent schools, stability, and long-term owners. Transitions happen quietly—seen in showings, engagement, and negotiation shifts. Early, well-positioned moves win.

Lequerique’s method—data-driven, psychologically attuned, negotiation-strong—fits this phase perfectly. It’s about smart positioning and clear guidance. As rates evolve, younger buyers gain entry. Monique tells us, “When financing changes, the market responds.

Younger buyers gain access. The key is recognizing the shift early and positioning correctly.”

She tailors to personal needs: “Every seller’s situation is different. Some need speed due to relocation or life changes. Others need a pricing strategy that maximizes leverage.” Her financing knowledge covers loans, FHA, rates, down payments, and cash offers. “The strength of an offer isn’t just about price—it’s about terms, preparedness, and execution.”

As her practice expands, she teams with Danielle Marie Stanton. A South Florida native, Danielle adds marketing, advertising, and client-relations expertise, sharpening positioning and communication. She recently set a Boca Raton community record for highest price per square foot. Like Monique, she treats real estate personally—valuing transparency, care, relationships, and thoughtful guidance.



In a brand-heavy market, Monique and Danielle know what lasts: **“It’s not the brand—it’s the name.** Reputation is built over decades of showing up, delivering, and standing behind your work.”

Considering a move or market position? Their advice: “Before you make a move, give us the opportunity to sit down with you. Let us share our perspective. You deserve to understand all your options.”

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PARKLAND’S MARKET IS SHIFTING.

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BUYERS ARE RE-ENTERING

SELLERS HAVE LEVERAGE

TIMING DEFINES SPRING

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\$2.5M Above Record

Inventory **Rising**

Demand **Increasing**

NEGOTIATION **Power Shifting**

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BEFORE YOU MOVE – LET’S TALK.



Meet The

Mathew Family



In the heart of Parkland, the Mathew family is a beautiful reflection of faith, resilience, and community. Jason and Smitha, along with their children Caris, 15, Rhema, 12, and Luke, 10, live each day grounded in gratitude and guided by their deep trust in God.

Jason and Smitha are both pharmacists who have faithfully served their communities for more than two decades. Jason spent 21 years as a Publix Pharmacy Manager and now works for a pharmaceutical distribution company. Smitha has dedicated the past 23 years to serving as a community pharmacist with Walgreens. Their commitment to caring for others extends far beyond their professions and into every aspect of their lives.

The couple found their calling not only in healthcare, but also in ministry. They are deeply involved at Calvary Chapel Parkland, where Jason serves as an elder and leads the hospitality team, while Smitha teaches Sunday school. Their faith is the foundation of their family life. Through church outreach, hospital visits, food distribution efforts, and hosting a biweekly couples' Bible study in their home, they are passionate about helping others discover the hope found in a personal relationship with God.

Their family story includes both profound joy and deep sorrow. Their oldest daughter, Selah, 15, went to be with the Lord on Good Friday in 2024. As Easter approaches each year, the Mathews hold tightly to the promise of Christ's resurrection and the assurance that they will one day be reunited with their daughter. Though their hearts were shattered by loss, they have experienced what they describe as God's comforting, peace; one that has carried them through unimaginable grief. They speak often of the miracle of how their school community, church family, and neighbors became the hands and feet of Jesus during their darkest season.

All of the children attend Calvary Christian Academy in Fort Lauderdale. Caris, a ninth grader, has a passion for engineering, volleyball, and the arts. Her gift in visual design was recognized when her 3D artwork was selected for the official poster of her school's art show. Rhema, in grade 6, thrives in dance and theater. She dances at Parkridge Church and recently competed in the Junior Thespians State Competition in Orlando. Luke brings energy and enthusiasm to the fourth grade with his love for football and soccer. He especially enjoys math, science, and of course, recess.

As a family, the Mathews cherish hosting friends and extended family, enjoying movie nights, traveling together, playing board games, and attending church and school events. This spring break will mark a special milestone as they embark on their very first family mission trip together to the Bahamas.

Living in Parkland has been a true blessing for them. They treasure the warmth of their neighbors; especially one who began a sweet tradition of gifting the children gingerbread house kits each Christmas. What started as a simple act of kindness has grown into a beloved annual memory, one they now joyfully share with other families.

WHAT IF IT'S TRUE?

Jesus was reported alive! His resurrection continues to change lives today because He was seen, heard, and proclaimed by many eyewitnesses. This Easter at Calvary, hear the story for yourself. If Jesus is alive, everything changes!

**GOOD
FRIDAY**

APRIL 3

6pm

**EASTER
SUNDAY**

APRIL 5

9:15am & 11:15am

CALVARYFTL.ORG/EASTER



Academic Excellence

Academic excellence at North Broward Preparatory School is built on a deep commitment to knowing and supporting every student as an individual. From the earliest years through graduation, our educators personalize instruction, activities, and learning experiences to reflect each child's strengths while nurturing opportunities for growth. Through thoughtful planning and individualized guidance, students develop confidence, curiosity, and the skills needed to thrive academically and personally.

In Lower School, students grow in a nurturing environment that inspires curiosity and a lifelong love of learning. From the earliest grades, children build strong academic foundations through hands-on, engaging experiences that promote exploration, creativity, and discovery. Our teachers create dynamic classrooms where collaboration and innovation shape everyday learning. With access to STEAM, world languages, arts, and enrichment opportunities, students begin discovering their interests while strengthening critical thinking, problem solving, and communication skills. This supportive environment empowers young learners to take academic risks, ask meaningful questions, and grow into confident students prepared for the future.

As students move into Middle School, academic excellence continues through a challenging and supportive college preparatory curriculum designed to meet the needs of every learner. Students develop independence, responsibility, and confidence while exploring a wide variety of electives and advanced coursework. Core subjects in mathematics, science, English, social studies, and world languages are enriched through project-based learning, real world application, and hands on exploration. As an Apple Distinguished School, technology is integrated throughout the curriculum, empowering students to create, innovate, and engage deeply with their learning. Beyond academics, students grow through athletics, arts, leadership, and service,

building character and discovering their passions in a supportive community.

In High School, students refine their goals and prepare for success at the world's leading universities. Personalized academic pathways, advanced coursework, and expert teaching challenge students to think critically, lead with confidence, and pursue excellence. Our dedicated College Advising team provides individualized guidance, helping students discover their strengths, build compelling applications, and position themselves for merit-based scholarships. This focused support leads to exceptional outcomes. In one recent graduating class, 250 seniors achieved 86 acceptances to Top 50 universities ranked by U.S. News and World Report, including Harvard University, Stanford University, and University of Chicago. With the guidance of our advisors, students have collectively earned more than 24 million dollars in scholarships, opening doors to extraordinary opportunities.

Academic excellence also extends beyond traditional academics through our world renowned Fine and Performing Arts program, where students receive professional level training and real-world experience. Graduates have continued their artistic journeys at prestigious institutions such as Columbia University, Rhode Island School of Design, Savannah College of Art and Design, and New York University Tisch School of the Arts.

At North Broward Preparatory School, academic excellence is about more than achievement. It is about educating the whole child. At North Broward Preparatory School, academic excellence is about more than achievement. It is about inspiring global citizens to create their future and live with purpose.

For additional information or to schedule a campus visit, call 954-247-0179 or contact admissions@nbps.org.



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At North Broward Prep, we empower every student to pursue academic excellence through curiosity, critical thinking, and personalized learning. Our innovative programs challenge students to go beyond traditional expectations, explore advanced coursework, and develop a lifelong love of learning. We equip students with the skills, confidence, and knowledge they need to excel in college and future careers while inspiring them to reach their highest academic potential.



Scan here or call 954-247-0011 for more information

Coral Springs Connections

Baseball & Tee Ball

CORAL SPRINGS AMERICAN LITTLE LEAGUE
For more info. visit. www.csall.com, or call (954) 369-4813. coralspringsamerican@gmail.com

WINTER BASEBALL & T-BALL

Players from Coral Springs and Parkland are welcome. Games are held August – November. For more info. visit. www.csall.com, or call (954) 369-4813. coralspringsamerican@gmail.com

CHALLENGER BASEBALL LEAGUE

Strives to reach disabled kids and their families at no cost. For more info, call (954) 345-9329.

NORTH SPRINGS LITTLE LEAGUE

For more info go to www.northspringsll.com

Basketball

CORAL SPRINGS BASKETBALL

Year round play check for sign up dates. www.CSBCHOOPS.com or call (954) 360-1200 or Barry Popock (954) 599-6660

CORAL SPRINGS WOMEN'S 18+

BASKETBALL LEAGUE
Call or Text 954-501-4985 to Register and more info. Instagram [csbc_femalehoops](https://www.instagram.com/csbc_femalehoops)

Coral Springs Flag Football

CORAL SPRINGS FLAG FOOTBALL CLUB

For more info, call 954-406-0660, email info@csffc.org or go to www.CSFFC.ORG

Tackle Football & Cheerleading

CORAL SPRINGS TACKLE FOOTBALL & TACKLE FOOTBALL CHEERLEADING

For more info see www.cschargers.com

PARKLAND RANGERS TACKLE FOOTBALL & CHEERLEADING

Football Contact: 786-236-0948 or info@parklandrangers.com
Cheer contact: 786-236-0948 or cheer@parklandrangers.com. www.parklandrangers.com.

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Lacrosse

PARKLAND REDHAWKS

For more info go to www.parklandlacrosse.com See ad below.

BUZZARDS MEN'S LACROSSE CLUB

For more info contact Mike at 954-540-8970 or visit www.buzzardslacrosse.org

Running

NORTHWEST BROWARD ROAD RUNNERS

A volunteer-based organization with a goal to promote health and wellness through running, provide support for runners of all ages, levels and abilities. For more info. go to www.nwbrrc.com or email jaygee725@gmail.com

Soccer

CORAL SPRINGS RECREATIONAL

The official Recreational Soccer Program in the City of Coral Springs. Play from November through the first weekend in March. Boys and Girls U06-19U are welcome. Play at Mullins Park, Coral Springs. For more info: www.csys.org, email: csysadmin@csys.org or call Mimi Milton at 954-341-6391.

CITY OF CORAL SPRINGS SPRING TRAVEL SOCCER CLUB

The official Travel Soccer program in the City of Coral Springs. Boys & Girls U8-U11. City of Coral Springs Cypress Park; 1301 Coral Springs Drive.

Softball

YOUTH SOFTBALL ASSOCIATION OF CORAL SPRINGS (YSACS)

Two seasons run each year, February-May and September-November. See the website at www.coralspringssoftball.com or call (954)344-0171.

CORAL SPRINGS WOMEN'S SOFTBALL

Players 18 & older can join the slow-pitch teams that play on Sundays and Monday evenings at Forest Hills Park. Call Barb Pantazis (954) 344-4449.

Swimming

AQUATIC COMPLEX & FITNESS CENTER

12441 Royal Palm Boulevard • Coral Springs, 33065 • 954-345-2121

MULLINS PARK POOL

10180 Ben Geiger Drive (NW 29 St.) • Coral Springs, 33065 • 954-345-2170

CYPRESS WATER PARK

1300 Coral Springs Drive • Coral Springs, 33071 • 954-345-2109

For more information see AquaticComplex.com

Private Schools & Camps

NORTH BROWARD PREPARATORY SCHOOL

Is an accredited, college-preparatory, independent, non-sectarian school serving families of the pre-kindergarten through high school age groups. For more info, call (954) 247-0011 or www.NBPS.org See ad and article on pages 10-11.

Dance

DANCE THEATRE

Discover your passion for dance with convenient locations in Parkland, Heron Bay. We offer excellence in dance education with diverse range of dance classes for all ages and skill levels. For more info. call the Parkland studio at 954-427-7217 or the Coral Springs Studio at 954-340-1544. Please visit www.DanceTheatre.net.

Fitness

LAURA'S ULTIMATE PILATES & FITNESS

Transforming bodies since 2010. All Levels Welcome, Group Classes & Private Sessions. Please visit www.LaurasUltimatePilates.com or call (954)575-2121.

Special Needs

PARKLAND BUDDY SPORTS

Find out about league offerings and activities.

www.ParklandBuddySports.com

CHALLENGER BASEBALL LEAGUE

Open to all special needs kids and their families at no cost. For more info, call (954) 345-9329 or www.challengerbaseballofbroward.com

THE FRIENDSHIP JOURNEY

Provides programs & facilities for children and young adults with special needs, while creating awareness and sensitivity. For more info, contact hello@thefriendshipjourney.org or www.thefriendshipjourney.org

Volleyball

SAND TURTLES VOLLEYBALL CLUB

Beginner sand volleyball training for kids and adults. Call Mark Lewkowicz for more info. (954)345-0500. www.sandturtlesvolleyball.com

Parkland P-Rec

PICKLEBALL

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Players use solid paddles to hit a whiffle ball over a net. Yearly fee: Residents \$45/Non-residents \$54. P-REC – 10559 Trails End (located inside Pine Trails Park)

Scouting

Scouting offers Year Round Activities for Boys and Girls in K to 12th Grade Find a local unit at www.beascout.org

Seminole Nation

Father-Daughter Program for fathers and daughters ages 5-10 serving the northern quarter of Broward County, Florida. For more info. please visit big5@seminolenation.org or email big5@seminolenation.org

Important Numbers

Aquatic Complex.....	(954)345-2121
City Hall in the Mall	(954)344-1828
Coral Springs Gymnasium	(954)345-2107
Cypress Park Pool	(954)345-2109
Cypress Park Tennis	(954)345-2100
Mullins Park Pool	(954)345-2170
Sportsplex Tennis Center	(954)344-1840
Parks and Recreation	(954)345-2200
Parks Field Conditions	(954)344-1187

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Coral Springs, FL 33065
(954) 752-9220

BOCA RATON
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Suite 325
Boca Raton, FL 33428
(561) 487-9912

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Thur 8 am – 7 pm
Fri 8 am – 5 pm
Sat 8 am – 12 pm

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www.toplinemd.com/sawgrass-pediatrics

Sawgrass Pediatrics

TopLine MD Alliance

Parkland Connections

Parkland Little League

For more info., call (954) 604-2442 or visit www.parklandll.com. See ad below

Basketball

PARKLAND REC BASKETBALL
www.parklandbasketball.com or call the hotline (954) 227-0989.

Tackle Football & Cheerleading

PARKLAND RANGERS TACKLE FOOTBALL & CHEERLEADING

Football Contact: 786-236-0948 or info@parklandrangers.com
Cheer contact: 786-236-0948 or cheer@parklandrangers.com.

Flag Football

PARKLAND FLAG FOOTBALL
For more info, see www.parklandflag.com

Lacrosse

PARKLAND REDHAWKS
For more info go to www.parklandlacrosse.com
BUZZARDS MEN'S LACROSSE CLUB
For more info contact Mike at 954-540-8970

Soccer

PARKLAND REC SOCCER
For more info, visit www.parklandsoccer.net

PARKLAND TRAVEL SOCCER CLUB
For more info, call (754) 240-9005 visit www.parklandtravelsoccer.com or emailinfo@parklandtravelsoccer.com. See ad on opposite page.

Private Schools & Camp

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THE FRIENDSHIP JOURNEY
Provides programs & facilities for children and young adults with special needs, while creating awareness and sensitivity. For more info, contact hello@thefriendshipjourney.org or www.thefriendshipjourney.org

Adult Softball

For more info, contact Parkland Parks & Rec. Manager Bruno Battel at 954-757-4103

Scouting

Scouting offers Year Round Activities for Boys and Girls in K to 12th Grade
Find a local unit at www.beascout.org

Important Numbers

Leisure Services	(954)757-4105
Field Conditions	(954)757-4110
Park Ranger	(954)575-1007
Youth, Teen, & Senior Programs	(954)757-4129
City Hall	(954)753-5040
Tennis	(954)757-1910
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IMPORTANT UPDATE

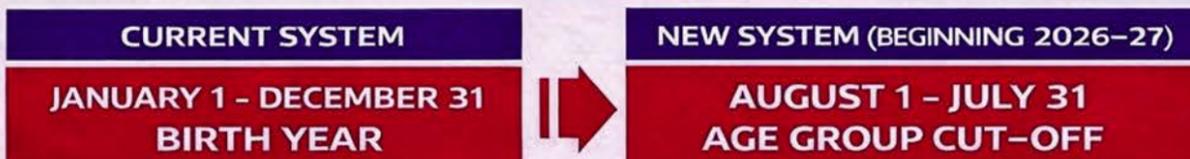
AGE GROUP CUT-OFF CHANGE FOR 2026-2027 SEASON

Parkland and Coral Springs Families,
We want to share an important update regarding youth soccer age group registration that will take effect beginning with the 2026-2027 seasonal year.

US Club Soccer, US Youth Soccer, and AYSO have officially announced that the age group cut-off will change from the Jan. 1 – Dec. 31 (“Birth Year”) format to a new **Aug. 1 – July 31** format beginning with the 2026-27 season.

- **Official Announcement (US Club Soccer):** <https://usclubsoccer.org/age-group-cut-off-update-for-2026-27-season/>
- **Age Group Matrix & Registration Info:** <https://usclubsoccer.org/registration-player-age-groups/>

WHAT IS CHANGING?



WHY IS THIS CHANGE BEING MADE?

- 1 REDUCING “TRAPPED PLAYERS”**
 - Players in **older soccer age groups** but **younger school grades**
 - This shift reduces missed opportunities when teammates advance a grade
- 2 BETTER ALIGNMENT WITH SCHOOL-YEAR FRIENDS**
 - Aligns soccer teams with school cohorts
 - Lets kids play with regular classmates
- 3 REDUCING “FORCE-UPS”**
 - Prevents younger soccer age players (but older in school year) from having to play up

WHEN DOES THIS AFFECT PSC?

- **PSC 2026-2027 SEASONAL YEAR REGISTRATION**
- Updated age charts and registration guidance will be shared before tryouts



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ALLSTAR HIGHLIGHT

By Ashley Ferraro

Marjory Stoneman Douglas High School senior Scott Walker had always been an athlete. Growing up, he spent years on the baseball field, but when his team dissolved in eighth grade, he decided to try something new. “My dad told me to give football a shot, and once I started playing, I fell in love with it,” Scott says. “It pushed me in a different way, and I knew pretty quickly it was something I wanted to keep doing.”

That decision set Scott on a path that would define his high school career. After working his way up through junior varsity, he earned time on varsity before suffering a major setback during his sophomore season. On a kickoff return, Scott broke both his tibia and fibula, an injury that kept him out for months and forced him to rebuild both physically and mentally. “That was the hardest moment I’ve faced in football,” Scott says. “Not being able to play and just having to focus on getting back was tough, but it made me more motivated to come back stronger.”

His ability to push through adversity had already been shaped by challenges earlier in life. As a child, Scott dealt with vision complications and was later diagnosed with epilepsy in sixth grade. With treatment and persistence, he was able to continue playing sports, developing the discipline and mental resilience that would later define his high school career.

By his senior season in fall 2025, Scott had established himself as one of MSD’s defensive leaders. He finished the year with 103 total tackles, 11 quarterback pressures, six pass breakups, three tackles for loss, and a sack. His performance earned him selection to represent MSD in the BCAA All-Star Football Classic, recognizing him among the top players in the county. He was also named MSD’s Defensive Player of the Year in 2024, a reflection of his consistency and leadership on the field.

“Being with your teammates every day and going through everything together—it really feels like a family.”

For Scott, football became about more than just performance. “The best part is just having those guys around you,” he says. “Being with your teammates every day and going through everything together—it really feels like a family.” That sense of shared experience helped shape his confidence and identity throughout high school.

Outside of football, Scott remained active in school programs, including DECA and Global Leaders United, where he tutors elementary school students each week. “Being able to help younger students and be someone they can look up to means a lot,” he says. “It’s something that’s helped me grow off the field too.”

Now preparing for college, Scott has received several football offers and is ready for the next opportunity. “What I’m most looking forward to is restarting and having a whole new culture and family,” he says. “Meeting new guys and new people is something I’m really excited about.”

As he prepares to continue his football career in college, he carries with him the resilience and work ethic built throughout his journey.



The Athlete’s Elbow Part 2

By Dr. Howard Gelb

Little league elbow is a common problem in the growing athlete and describes medial elbow pain that is attributed to a microscopic injury to the growth plate or apophysis, where the tendon attaches to the inner elbow. Pain and loss of motion are common symptoms of little league elbow. Pitchers sustain the majority of injuries but any player may develop it from overuse. X-rays are very important as part of the work up for little league elbow. Comparison x-rays can be helpful in certain cases to evaluate the extent of the injury. The UCL (ulnar collateral ligament) can be involved in severe cases. If the apophysis or UCL origin is significantly displaced, surgery may be indicated. If the ligament is completely torn, a formal UCL reconstruction (Tommy John procedure) may be needed to return to competitive throwing. Prevention of overuse injury in the throwing athlete is critical to avoid long term injury. Injury to the young athlete’s elbow may be prevented by limiting the number of pitches in a game or practice, allowing the athlete adequate rest after throwing, and limiting the number of teams that he or she plays on. Recent studies demonstrate that the fast ball may be worse than breaking pitches for the immature elbow, causing the growth plate to separate or ligament to fail. Fortunately, most athletes can return to their sport after adequate rest and rehabilitation.



Howard J. Gelb, MD

A board certified orthopedic surgeon specializing in adult and pediatric sports medicine and arthroscopic surgery. He has been in private practice since 1995.

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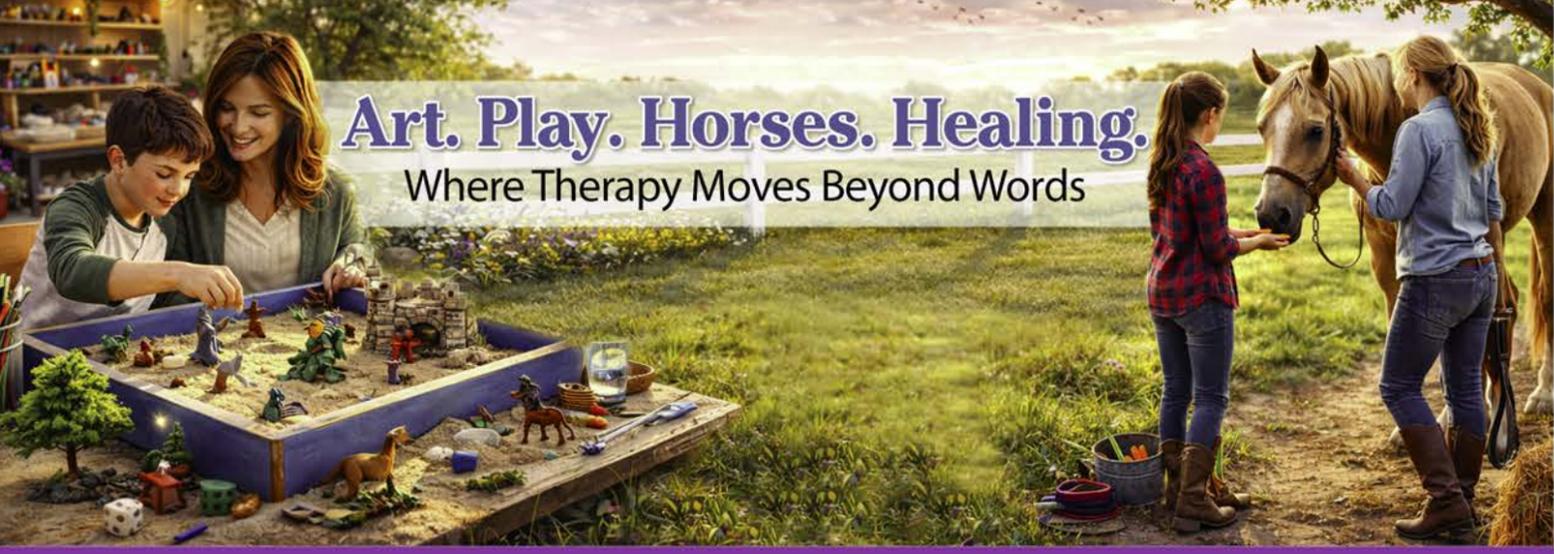
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Art. Play. Horses. Healing.

Where Therapy Moves Beyond Words

By Marla Berger, Licensed Therapist

Growing up Gen X, mental health and therapy were not readily accepted. Having to navigate life with few supports was rough. My generation often bottled everything up... until we simply could not anymore. I am grateful that the stigma of seeking support has eased over time.

Lately, however, I find that stereotypes about therapy still get in the way of people reaching out. All too often, we imagine therapists saying over and over, "And how did that feel?" as if those words alone could magically heal us. Or we envision therapy as nothing more than sitting on a couch and crying.

Therapists often assign homework, but it is not always easy to make those changes applicable to everyday life. Counting to ten, deep breathing, and meditation do not work for everyone. And how often do we remember to use those skills in the middle of a crisis or meltdown? Let's face it — we can sit in a therapy session and agree to change, but it is far more complicated to implement those changes in the real world.



Our community has endured innumerable hardships and trauma. Yet talking about those experiences can be incredibly difficult. For starters, the brain stores traumatic experiences in one area, while language is located in an entirely separate part. Even more challenging, these two parts often struggle to communicate with one another. As a result, people may not be able to describe what happened because their brain did not encode the memory in words. How can we expect someone to talk about something their brain cannot easily verbalize?

The brain, however, does have other ways to express itself. When we explore alternative forms of communication — such as creating art, playing, building a

sandtray, or working with horses — those disconnected parts can begin to emerge and be processed. No words are required.

This is where my practice comes in. I established Berger Counseling Services in 2009 to serve our community through experiential therapies — art, play, sandtray therapy, and equine-assisted psychotherapy. Experiential therapy focuses on doing rather than talking. We provide services for all ages, from three years old through adulthood. Our providers specialize in supporting individuals navigating trauma, anxiety, gifted but struggling learners, neurodivergence, and grief.

While many people assume these therapies are only for children, I have witnessed firsthand how powerful they can be for tweens, teens, and adults. Each person is unique, so every intervention and skill we teach must fit the individual. It may sound unconventional, but our work together is a bit of an experiment. By trying a variety of strategies and practicing them in session, we help build the emotional "muscles" needed to use those skills in everyday life.

Our services are tailored to each individual — no cookie-cutter approaches, boring worksheets, or stuffy office environment. We are fun, approachable, and dedicated to making everyone feel comfortable, even while working through difficult experiences.

We are located in Coral Springs and Parkland. Call us for a complimentary 15-minute meet-and-greet to learn more about our services.

Visit www.BergerCounselingServices.com, call 561-866-3056, or email Marla@BergerCounselingServices.com.

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Relay For Life of North Broward to Raise Funds to Help End Cancer As We Know It

The annual American Cancer Society Relay For Life of North Broward will take place on Saturday, March 28, 2026, from 4:00 p.m. to 9:00 p.m. at North Broward Preparatory School in Coconut Creek. This meaningful community event brings together survivors, caregivers, families, students, and local businesses to celebrate lives saved, remember loved ones lost, and stand united in the fight against cancer.

This year marks an exciting partnership with North Broward Preparatory School as the event's new host site. Volunteer Event Lead and cancer survivor Chris Fletcher is joined by Co-Event Lead Damon Watts, Middle School Dean of Students at North Broward Prep. Damon previously served as a caregiver for his wife, Dawn, during her battle with breast cancer, bringing both personal experience and heartfelt commitment to the leadership team.

"Early detection saved my life, and silence took my mother's," said Dawn Watts. "I Relay for honest conversations, early detection, and so that no one feels they have to carry a diagnosis alone. Most of all, I Relay to honor my mother's strength, even in her silence." Her words capture the spirit of Relay For Life—hope, courage, and community support.

Relay For Life is more than a fundraising walk. It is a volunteer-driven movement that empowers communities to take action against cancer. With approximately 2.5 million participants worldwide, it remains the largest peer-to-peer fundraising event dedicated to saving lives from cancer.

"Relay For Life is more than just a walk," said Fletcher, who battled Stage 4 Hodgkin lymphoma in 2019. "It

unites communities to celebrate survivors, remember loved ones, and raise critical funds that improve the lives of people facing cancer. When we gather together, we send a message of hope."

The American Cancer Society works to improve the lives of people with cancer and their families through advocacy, groundbreaking research, education, and patient support. Funds raised locally help provide transportation to treatment, lodging assistance, access to care resources, and continued research focused on prevention, early detection, and more effective treatments.

During the March 28 event, organizers will recognize survivors and thrivers still in treatment, along with the caregivers who offer unwavering strength and compassion. The evening will begin with an Opening Ceremony and a special Survivors Lap, symbolizing resilience and determination. Survivors, thrivers, and caregivers will also enjoy a complimentary dinner in their honor.

This year's theme, "Relay Around the World," celebrates the diverse cultures represented by participating teams. The theme aligns with North Broward Preparatory School's vibrant international community, highlighting unity across backgrounds and a shared commitment to ending cancer.

More than 50 teams and over 1,000 participants are expected to attend, with a goal of welcoming more than 100 survivors and caregivers. After sunset, the moving Luminaria Ceremony will illuminate the night, honoring those lost, celebrating survivors, and reminding all affected by cancer that they are not alone.

To register, form a team, donate, or learn more, visit RelayForLife.org/parklandfl.



Relay For Life of North Broward

Free Admission! Open to the Public!
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Cancer Survivors and their Caregivers will be honored with a ceremonial lap, followed by complementary refreshments!

North Broward Preparatory School
7600 Lyons Rd, Coconut Creek, FL
March 28th, 2026
4 pm - 9 pm

Scan the QR code to start a team, join a team, or register as a Survivor/ Caregiver





Dorron Blumberg

My 15 Year Story

From Florida Roots to Creative Excellence

My journey began in the heart of Florida, where creativity, community, and connection shaped the foundation of who I am today. A proud graduate of Marjory Stoneman Douglas High School, Class of 2000, I learned early that teamwork, discipline, and vision are the driving forces behind meaningful success — values I carry into every client relationship and project.

I continued my education at Florida Atlantic University and the Art Institute of Fort Lauderdale, where I refined my expertise in design, marketing, and technology. Those formative years ignited a passion for blending artistry with strategy — creating work that not only looks exceptional but delivers measurable results.

For more than 15 years, I've had the privilege of helping businesses and organizations elevate their presence through graphic design, website development, branding, and integrated marketing. My client portfolio includes respected organizations such as ACHE of Orlando, ACHE of North Florida, South Florida Hospital News, and numerous local businesses that trust me to create visual identities and digital platforms that connect, inspire, and perform.

I am also proud to support My Spectator Magazine, providing consistent monthly updates, website design, and IT support to ensure the publication remains modern, engaging, and seamlessly executed. Behind every successful brand is thoughtful strategy, consistent messaging, and reliable execution — principles that define Dorron Marketing.

Fifteen years later, Dorron Marketing continues to thrive — built on creativity, dependability, and a genuine commitment to helping brands communicate with clarity and impact. Every project is approached with the same intention: elevate the brand, refine the message, and create a lasting impression.

Ready to elevate your brand with strategic design and marketing that delivers real results? Let's build something exceptional together. Contact Dorron Marketing today and turn your vision into measurable growth.

Please visit DorronMarketing.com to see my work and schedule a free consultation. Call (561) 618-0759 or email: info@dorronmarketing.com



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